



The 3rd Asian
Youth Games
Bahrain 2025

Handball

Technical Handbook

V2





Technical Information

1. Dates

The Handball competition of the 3rd Asian Youth Games will be held from 19 to 30 October 2025 at Bahrain Handball Association Hall and Al Najma Sport Club Hall.

2. Venues

2.1 Competition Venue

Venue Name	Distance to Hotels	Travel Time	Seating Capacity
Bahrain Handball Federation Hall	10-12 km	20min	1100
TBC	TBC	TBC	TBC

2.2 Independent Training Venue

Venue Name	Distance to Hotels	Travel Time
Al Najma Sport Club Hall	8-10 km	10-15 Min

3. Events

The Handball competition of the 3rd Asian Youth Games consists of two (2) events, including one (1) men's event and one (1) women's event.

4. Competition Schedules

Handball Match Schedule						
Men's	A	1.	2.	3.	4.	
	B	1.	2.	3.	4.	
	C	1.	2.	3.	4.	
	D	1.	2.	3.	4.	
Women's	A	1.	2.	3.	4.	
	B	1.	2.	3.	4.	5.

Date	Time	Match	Category	Groups	Team	Vs.	Team	Hall	Round
19 OCT SUN	12:00	1	M	B	B-4	X	B-1	1	PRELIMINARY ROUND
	14:00	2	M	A	A-4	X	A-1	1	
	16:00	3	M	D	D-4	X	D-1	1	
	18:00	4	M	C	C-4	X	C-1	1	
	12:00	5	M	B	B-3	X	B-2	2	
	14:00	6	M	A	A-3	X	A-2	2	
	16:00	7	M	D	D-3	X	D-2	2	
	18:00	8	M	C	C-3	X	C-2	2	





Date	Time	Match	Category	Groups	Team	Vs.	Team	Hall	Round
20 OCT MON	12:00	9	M	A	A-2	X	A-4	1	PRELIMINARY ROUND
	14:00	10	M	B	B-2	X	B-4	1	
	16:00	11	M	A	A-1	X	A-3	1	
	18:00	12	M	B	B-1	X	B-3	1	
21 OCT TUE	12:00	13	M	C	C-2	X	C-4	1	
	14:00	14	M	D	D-2	X	D-4	1	
	16:00	15	M	C	C-1	X	C-3	1	
	18:00	16	M	D	D-1	X	D-3	1	
	14:00	17	W	A	3	X	2	2	
	16:00	18	W	B	4	X	2	2	
	18:00	19	W	B	5	X	1	2	
22 OCT WED	12:00	20	M	A	A-4	X	A-3	1	
	14:00	21	M	B	B-4	X	B-3	1	
	16:00	22	M	A	A-2	X	A-1	1	
	18:00	23	M	B	B-2	X	B-1	1	
	14:00	24	W	B	3	X	2	2	
	16:00	25	W	B	4	X	2	2	
	18:00	26	W	A	4	X	1	2	
23 OCT THU	12:00	27	M	C	C-4	X	C-3	1	
	14:00	28	M	D	D-4	X	D-3	1	
	16:00	29	M	C	C-2	X	C-1	1	
	18:00	30	M	D	D-2	X	D-1	1	
	14:00	31	W	A	4	X	2	2	
	16:00	32	W	B	2	X	5	2	
	18:00	33	W	B	4	X	3	2	
24 OCT FRI	Rest Day								

Main Round

Men	Group(1): 1A- 2B - 1C - 2D				Group (2): 2A - 1B - 2C - 1D						
Women	A:	1.	2.	3.	4.	B:	1.	2.	3.	4.	5.

Date	Time	Match	Category	Groups	Team	Vs.	Team	Hall	Round
25 OCT SAT	12:00	34	M	Group 1	2 B	X	1 C	1	Men's MAIN ROUND
	14:00	35	M	Group 2	1 B	X	2 C	1	
	16:00	36	M	Group 1	1 A	X	2 D	1	
	18:00	37	M	Group 2	2 A	X	1 D	1	
	18:00	38	W	A	3	X	1	2	Women's preliminary Round





26 OCT SUN	12:00	39	M	Group 2	1 D	X	2 C	1	Men's MAIN ROUND	
	14:00	40	W	Group 1	2 D	X	1 C	1		
	16:00	41	M	Group 2	1 B	X	2 A	1		
	18:00	42	W	Group 1	2 B	X	1 A	1		
	14:00	43	W	B	5	X	4	2	Women's preliminary Round	
	16:00	44	W	B	3	X	1	2		
	18:00	45	W	A	3	X	4	2		
27 OCT MON	12:00	46	M	Group 1	2 B	X	2 D	1	Men's MAIN ROUND	
	14:00	47	M	Group 2	1 B	X	1 D	1		
	16:00	48	M	Group 1	1 A	X	1 C	1		
	18:00	49	M	Group 2	2 A	X	2 C	1		
	14:00	50	W	B	5	X	3	2	Women's preliminary Round	
	16:00	51	W	B	1	X	2	2		
	18:00	52	W	A	1	X	2	2		
28 OCT TUE	Rest Day									
29 OCT WED	12:00	53	W	1st Group (A)		X	2nd Group (B)		1	Semi- Final
	14:00	54	W	1st Group (B)		X	2nd Group (A)		1	
	16:00	55	M	1st Group 1		X	2nd Group 2		1	
	18:00	56	M	1st Group 2		X	2nd Group 1		1	
30 OCT THU	12:00	57	W	Loser M. 53		X	Loser M. 54		1	3 - 4
	14:00	58	M	Loser M. 55		X	Loser M. 56		1	3 - 4
	16:00	59	W	Winner M. 53		X	Winner M. 54		1	1 - 2
	18:00	60	M	Winner M. 55		X	Winner M. 56		1	1 – 2





5. Sport Entries

5.2 Eligibility

- Only NOCs that are members of the OCA are entitled to send athletes to compete in the Handball competition of 3rd Asian Youth Games Bahrain 2025.
- Only athletes who comply with the OCA Constitution and Rules and its Bye-laws are entitled to compete in the Handball competition.

5.3 Entry Timeline

- Entry by Sport: Deadline: 24:00 25 March, 2025 (Manama Time, GMT +3)
- Entry by Number: from 10:00 30 June 2025 to 23:59 21 July 2025 (Bahrain Time, UTC +3)
- Entry by Name: from 10:00 1 August 2025 to 23:59 to 31 August 2025 (Bahrain Time, UTC +3)

5.4 Entry Policies

- Total: Each NOC may enter a maximum of 16 male athletes and 16 female athletes.
- The total of participating teams is not more than 16 men teams, and 12 women teams
- Qualified (NOC) for the 3rd AYG Handball competition is as the following:

Men	
1.	Bahrain
2.	Iraq
3.	Jordan
4.	Kuwait
5.	China
6.	Oman
7.	Qatar
8.	Saudi Arabia
9.	UAE
10.	Iran
11.	Kazakhstan
12.	Uzbekistan
13.	India
14.	Maldives
15.	Hong Kong, China
16.	Chinese Taipei

Women	
1.	China
2.	Iran
3.	Kazakhstan
4.	Uzbekistan
5.	Bangladesh
6.	India
7.	Indonesia
8.	Philippines
9.	Thailand
10.	Vietnam
11.	Hong Kong, China
12.	Chinese Taipei

Men reserve team: Indonesia and Thailand

Women reserve team: Maldives and Mongolia

5.5 Age Limitation

- Athlete participating in the Handball competition must be between 15 - 18 years (U18) Athlete must be born between 2007 and 2010 (inclusive).
- Any NOC that withdraws its athletes or teams after the submission of the final entries by name or the Team Draw phase will be faced with disciplinary action by the OCA Executive Board





6. Arrival and Departure

Teams arrival is fixed two (2) days before the competition and depart one (1) day after it ends.

7. Technical Meeting

The technical meeting (Men and women) will be held at 16:00 on 18 October 2025.

8. Competition Rules

The Handball competition of the 3rd Asian Youth Games Bahrain will be held as per the latest technical and competition rules of the Asian Handball Federation (AHF).

Detailed information is available on the website of the AHF: www.asianhandball.org In case of any disagreement in the interpretation of the AHF rules and regulations, the English version shall prevail. Any unforeseen circumstances not covered by the regulations and rules shall be resolved as follows:

- Technical issues: Resolved in accordance with the Asian Handball Federation (AHF) Rules and Regulations.
- General issues: Resolved in accordance with the OCA Constitution and Rules.

9. Competition Format

Each NOC may enter a maximum of one men's team of 16 players and one women's team of 16 players. Sixteen players of each team should be registered in the score sheet before each match. No person other than the maximum of four 4 registered team officials and the 16 players who are entitled to participate are allowed to be present in the substitution area.

Each Handball match consists of two halves of 30 minutes, the half-time break is 15 minutes.

Group and main round stages:

Each match won = two points

Each match drawn = one point for each team

Each match lost = no points

Teams are ranked according to the total number of points gained.

If two or more teams gain the same number of points after the Group matches are completed, placing is decided as follows:

Results in points between the teams concerned.

Goal differences in the matches between the teams concerned.

Greater number of plus goals in the matches between the teams concerned.

If the teams are still equal, a decision is made for those teams with an equal number of points as follows:

Goal difference in all matches.

Greater number of plus goals in all matches.

If classification is still not possible, a draw shall decide. The TD of Asian Handball Federation (AHF) engaged at that location shall supervise the draw, if possible, in the presence of those responsible for the related teams or other persons of the related teams assigned by the AHF.

10. Competition Method

The women's competition is divided into two groups: A and B. Group A consists of 6 teams, and Group B consists of 6 teams. The women's competition is divided into two stages:

- The group stage (round-robin format);





- The knockout stage, including the semi-finals, bronze medal match, and gold medal match
 - The top two teams from each group in the group stage advance to the knockout stage.
 - The winning team in the semi-final advances to the gold medal match.
 - The losing team in the semi-final advances to the bronze medal match.
- The men's competition will be organized as follows: The group stage consists of four groups: A, B, C, and D, each group consisting of 4 teams.

The men's competition will be divided into three stages: - The group stage (round-robin format), The top two teams from each group in the group stage advance to the main round.

- The main round (round-robin format),
- The knockout stage, which includes, semi-finals, bronze medal match, and gold medal match. The top two teams from each group in the group stage advance to the main round.
- The top two teams from each group in the main round stage advance to the semi-finals.
- The winners of the semi-finals advance to the gold medal match.
- The losers of the semi-finals play the bronze medal match

11. Training

- All training sessions have fixed start and end times, and it takes 10 minutes to switch between training sessions for different teams.
- Before the start of the competition, all teams will have at least one (1) opportunity to train in the FOP of their competition venues.
- Training courts will be used in strict accordance with the training schedule.
- All training sessions will be open to the media unless requested otherwise by teams or athletes.
- Members of the media may arrange interviews at the training venue via the respective NOC team management. Media will be escorted by the Bahrain Asian Youth Games training venue staff to the teams' training court to meet athletes and team officials.
- Handball training is divided into three (3) phases:
- Team leaders or coaches may go to the Sport Information Centre (SIC) one (1) day in advance (07:30–18:00) to fill out the training reservation form if their teams have training needs before 21 September. Training sessions will be allocated on a first-come, first-served basis.

Phase 1: From 16 to 17 October 2025 (adaptive training)

Phase 2: 18 October 2025 (the Opening Ceremony day training)

Phase 3: From 19 October to 30 October 2025 (in-tournament training)

12. Technical Officials and Jury of Appeal

12.1 Technical Officials

- International Technical Officials (ITOs) must be accredited by the Asian Handball Federation (AHF) and shall be appointed or recommended by the Asian Handball Federation (AHF).
- National Technical Officials shall be appointed by the Host Country (Bahrain).
- AF has the right to appoint the Technical Delegate, and the TD has the right to appoint International Technical Officials (ITOs) in coordination and approval





of the OCA. In the event of any violation of the AF/IF Rules or Rules and Regulations by any participant, the OCA has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party

11.2 Jury of Appeal

- The members of Jury of Appeal shall be appointed by the AHF.

12. General Rules and Regulations

12.1 Rules

12.1.1 Eligibility Code (OCA 52)

To be eligible for participation in the OCA Games, a competitor must:

- a) Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter.
- b) Respect the spirit of fair play and non-violence and abide by the rules on the sports field;
- c) Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organizations;
- d) The Member must ensure that any competitor in the OCA Games must be a national of the country of the NOC, which is entering him.
- e) Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

12.1.2 Nationality of Competitor (OCA By-Law 52)

- a) All cases of infringement of IOC Rule 41, 42 and it's Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final;
- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognized by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality.
- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognized by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA Games to represent his new country until three years after such change or acquisition.
- d) If a State, Country, or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognized by the OCA, a competitor may continue to represent the country to which he belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his new NOC if one exists. This option can only be made once and is irreversible.
- e) In all cases not expressly addressed in these Byelaws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a





general The OCA Games 80 SEP 2017 or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;

- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

12.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programme a minimum of six (6) NOCs should enter their athletes by number and a minimum of four (4) should be physically present before the start of the competition;
- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the IHF technical rules:
- c) However, the following numbers cannot be exceeded:
 - For individual events, two competitors from each Member;
 - For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the IHF concerned;
 - For events where individual and team competitions are conducted simultaneously, and the team event is decided by the aggregate score/time of each individual member of the team, the athlete (if maximum two) participating in the individual event must be designated as such in the Entry form and only the athlete concerned will be competing in the individual event.

12.1.4 Technical Official and Jury of Appeal (OCA 59)

The BAYGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

12.1.5 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams/Member NOC's, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the Programme;
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small Ad Hoc working group from CAS that will be present and working alongside the OCA in the Asian Games period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA Games.

12.1.6 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal;
- b) Appeals against other decisions of the Judges or with regard to any other matters must be addressed to the President of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal;
- c) Exceptional circumstances apart, a claim must be made within two hours of the decision giving rise to it. The Jury, after an investigation, shall give a





decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for infraction of the Rules and Regulations of the OCA. In these case it shall be decided by the Court of Appeal;

d) All claims and appeals must be made in writing.

12.1.7 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this competitor's team is proved to have been party to the fraud, his/her team shall be disqualified in the sport involved.

13. Protest and Appeals

- Protests and appeals shall be handled as per the latest AHF competition rules. All appeals of a technical nature will be the responsibilities of Asian Handball Federation (AHF).
- Any athlete/NOC may appeal to the Court of Arbitration for Sport (CAS), in the event that the athlete/NOC believes that there has been a violation of AHF/IHF technical rules or the OCA Constitution, as long as the appeal is not related to reversing the decision of the referee or result.

14. Equipment and Clothing

14.1 Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and AHF. Neither athletes nor technical officials will be permitted to attach any form of commercial advertising to his or her competition uniform without prior approval of the OCA and the 3rd Asian Youth Games Bahrain 2025 Organizing Committee.

14.2 Official Competition Ball

The Competition Official ball (Handball Women) will be "Molten" Size 2

The Competition Official ball (Handball Men) will be "Molten" Size 3

15. Doping Control

In order to ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping program of the 3rd Asian Youth Games Bahrain will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

16. Victory Ceremony

The gold medal goes to the first place, the silver medal goes to the second place, and the bronze medal goes to the third place. The top three teams will be awarded based on the number of participating athletes respectively. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

17. Approval of the Technical Handbook

The Technical Handbook has been approved by the Asian Handball Federation (AHF). On





10/6/2025

18. Key Contact Information

Federations	
International Handball Federation (IHF)	
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