



The 3rd Asian
Youth Games
Bahrain 2025

Jiu-Jitsu

Technical Handbook

V2





Technical Information

1. Dates

Jiu-Jitsu (JJ) competition for the 3rd Asian Youth Games 2025 will be held from 29th to 30th October 2025.

2. Venues

The Jiu-Jitsu competition will be held in Exhibition World Bahrain Halls

3. Events

The Jiu-Jitsu competition is for U18 division (16 and 17 years old athletes and, EXCEPTIONALLY for the games, including 15 years old athletes) in a total of nine (9) events, including five (5) categories for men, four (4) categories for women as follows:

Men	Women
Jiu Jitsu -48 kg	Jiu Jitsu -48 kg
Jiu Jitsu -56 kg	Jiu Jitsu -52 kg
Jiu Jitsu -62 kg	Jiu Jitsu -57 kg
Jiu Jitsu -69 kg	Jiu Jitsu -63 kg
Jiu Jitsu -85 kg	

4. Competition Schedules

Date	Session	Time	Event	Remark
28 October 2025 (Tuesday)		10:00-13:00	Staff Meeting (ITO's and NTO's)	Exhibition World Bahrain Halls
		17:30-18:30	Technical Meeting (Coaches and NF managers)	Exhibition World Bahrain Halls
29 October 2025 (Wednesday)	JJ101	09:00-18:00	Jiu Jitsu -56 Kg (men) Jiu Jitsu -62 Kg (men) Jiu Jitsu -85 Kg (men) Jiu Jitsu -52 Kg (women)	Qualifications Repechages Semi Finals 3rd places & Finals Victory Ceremony
30 October 2025 (Thursday)	JJ102	09:00-13:30	Jiu Jitsu -48 Kg (men) Jiu Jitsu -69 Kg (men) Jiu Jitsu -48 Kg (women) Jiu Jitsu -57 Kg (women) Jiu Jitsu -63 Kg (women)	Qualifications Repechages Semi Finals 3rd places & Finals Victory Ceremony

* Weigh-in from 16:00 until 17:00 always in the previous day of the division event, at the competition venue.



5. Sport Entries

5.1 Eligibility

- Only NOCs that are members of the OCA are entitled to send athletes to compete in the Jiu-Jitsu competition of the 3rd Asian Youth Games.
- Only athletes who comply with the OCA Constitution and Rules and its By-law are entitled to compete in the Jiu-Jitsu competition.

5.2 Entry Timeline

- Entry by Sport: Deadline: 24:00 25 March, 2025 (Manama Time, GMT +3)
- Entry by Number: from 10:00 30 June 2025 to 23:59 21 July 2025 (Bahrain Time, UTC +3)
- Entry by Name: from 10:00 1 August 2025 to 23:59 to 31 August 2025 (Bahrain Time, UTC +3)

5.3 Entry Policies

- Each NOC may enter a maximum of two (2) individual athletes per Jiu Jitsu event.
- Total number of athletes: Each NOC may enter a maximum of eighteen (18) athletes (ten (10) men and eight (8) women).
- NOCs that withdraw their athletes after the submission of the final entries by name, will be faced with disciplinary action by the OCA EB.

5.4 Age Limitation

- Athletes participating in the Jiu-Jitsu competition must be between 15 and 17 years
- Athlete must be born between 2008 and 2010 (inclusive).
- Once the athletes have not attained their majority (legal adult age), authority from their parents should be obtained.

6. Arrival and Departure

Teams arrival is fixed two (2) days before the competition and depart one (1) day after it ends.

7. Technical Meeting

The Technical Meeting will be convened on 28th October 2025 in the Exhibition World Bahrain Halls, after the weight in, from 17:30 until 18:30.

8. Competition Rules and Regulations

7.1 Competition Rules

7.1.1 Competition Rules

The Jiu-Jitsu competition of the 3rd Asian Youth Games will be held in accordance with the Jiu-Jitsu International Federation (JJIF) Competition Rules for U18 division and relevant Rules and Regulations, in force during the Games time. In case of any disagreement in the language interpretation of the rules and regulation, the English version shall prevail. Any unforeseen case not covered by the regulations and rules shall be handled as follows:

- General issues: Resolved in accordance with the OCA Constitution and Rules
- Technical issues: Resolved in accordance with the JJIF Rules and Regulations Rules and regulations books are available at JJIF WEBSITE (<https://jjif.sport/downloads/>)



7.1.2 Competition Format

The type of competition system to be applied will be as the following:

- Less than 6 athletes - round robin;
- 6 athletes - Two pools of round robin each with 3 athletes;
- 7 or more athletes - single elimination with repechage from the quarterfinals.

7.2 Draw and Seeding

The Draw will be conducted online under control and auspices of the TD with Ju-Jitsu Asian Union technical team, supervised by AYGOC. To ensure fair competition, the games will perform a fair combination of random draw and seeding, as described in the Ju Jitsu International Federation Sporting Code (section 5). The seeding is made using the official JJIF ranking list, as defined in Section 7 (f) the Sporting Code 2024. The deadline for the ranking list will be 31.09.2025 and changes in the registration will not be considered after this date. The four athletes leading their category in the JJIF World ranking list will be placed in the positions described in the JJIF Sporting Code.

If any of the athletes is not present in the event, the next highest ranked person, who is present in the event, will get the seeding position. The procedure stops at the ranking position no. 20

Date, time and venue to be decided.

7.3 Field of Play (FOP)

The FOP measuring 12 m X 12 m with 1 m of "safety area" around the "fighting area" and each mat with 4 cm width, it will be installed on a platform and must be covered by tatamis, in different colors dividing the areas.

The area outside the fighting area shall be called the safety area. The "fighting area" plus "safety area" are called "match area". Additional safety area is not part of the "match area".

7.4 Weigh in

7.4.1 Weigh in shall be conducted in the Exhibition World Bahrain Halls, under the control and supervision of the TD and officials appointed by him.

7.4.2 Official Weigh in for each category shall be completed on the previous day of the relevant contest, according to the competition schedule.

7.4.3 Each competitor shall bring their accreditation card and will be allowed to have only one weight control up on the scale. No tolerance shall be allowed above the weight category.

7.4.4 Unofficial weigh-in on the official scales will be available for those who are competing on the day before from 30 minutes before the official weigh in.

7.5 Training Arrangement

Training Requirement Form will be provided by competition management when delegations arrive at Athletes Village. All teams must submit the training requirement forms to book a training session before 17.00 prior to the day of training session, through the Sport Information Center in the Athlete Village in the Asian Youth Games. Each team may book 60 minutes training session per day, at least.

7.6 Duration of Contest: 4 minutes.

7.7 Scoring





In Jiu-Jitsu contest, scores are the sum of the points scored in with penalties and advantages over opponent. Points, advantages and penalties are made public by computerized electronic scoreboard.

7.8 Decision

Decisions of the matches will be according to the ruleset.

7.9 Protest

Protests and Appeals shall be resolved under Article 15 (Challenge and Appeal) of the Jiu-Jitsu International Federation (JJIF) Organization and Sporting Code. All contests will use three (3) referees assigned to each contest mat with:

- One (1) on-mat referee
- Two (2) mat Video referees

These will be interconnected through Wireless Radio Communication system.

- Video referee will oversee the matches
- The video referee will only intervene if necessary or requested

All appeals related to the technical sides will be responsibilities of the International and Asian Federation. Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution, which is not related to reversing the decision of the referee or results.

Appeal:

shall lie against any part of the competition rules, which are not challengeable, as wrong draw or mistakes in pools/trees;

- It shall be made after/before the fight has been ended and cannot be used as an alternative for the challenge.

Challenge:

- shall lie against any breach of the competition rules which could have reasonably changed the outcome of the contest as wrong score, time (not) running;
- happening between the start and the end of a single fight.
- Cannot be made after the fight has ended by the referee, but only during the ongoing fight Uniforms

The contestant shall wear JJIF approved Jiu Jitsu uniform color: white Clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and JJIF in force.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and AYGOC.

7.11 Official Equipment

Equipment used by athletes and other relevant participants in competitions must comply with the rules and regulations of the OCA and JJIF in force.

7.12 Prizes and Commendations (OCA66)





- 7.12.1 Medals to the winners of the OCA Games shall be presented by the OCA President. The President may delegate this privilege to other members of the OCA, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner;
- 7.12.2 The competitors who have been judged first, second and third shall take their places, in their National Federation's track suit, on a stand on the field facing the Tribune of Honor, with the winner slightly above the second who is on their right and both third who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag-pole or a digital screen and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three competitors shall turn towards the flags;
- 7.12.3 The medal presentations shall be as per the following order:
- Gold Medal – to the first-place winner
 - Silver Medal – to the second-place winner
 - Bronze Medal – to the third-place winners
- Two third places will be awarded with bronze medals.
- 7.12.4 No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn e.g. shoes and clothing which must be in accordance with the OCA commercial guidelines.
- 7.12.5 No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board (EB) including disqualification, withdrawal of medals, certificates, accreditation, rankings and the like;
- 7.12.6 Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material. by any athlete during the Victory Ceremony or during the Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB;
- 7.12.7 Victory, medals and diploma certificates, shall be in strict compliance with the OCA Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the OCA for its approval;
- 7.12.8 No other official/delegate from the participating delegations, other than the medal winners will be allowed on or near the podium during the medal presentation.

7.13 Medical Code (OCA By-Law 24.7)

- 7.13.1 Doping is forbidden. The WADA (World Anti-Doping Agency) / IOC (International Olympic Committee) list shall apply and also, if the EB so decides, the list of the IF



concerned. The Medical Committee shall also prepare a list of prohibited drugs;

- 7.13.2 All OCA Games participants/competitors are liable to medical/doping control examinations which will be carried out in conformity with the Rules of the OCA Medical Committee and the OCA Anti-Doping Rules;
- 7.13.3 Any OCA Games participant/competitor refusing to submit a medical/Doping control examination, or who is found guilty of doping, shall be excluded from competition or from the present or future OCA Games. After the explanation of the team has been considered and the case discussed with the IF concerned, a team in which one or more members have been found guilty of doping may be excluded from the OCA Games in which it is participating. In sports where a team may no longer compete after a member has been excluded, the remaining competitors may compete in an individual capacity. An appropriate penalty including disqualification, withdrawal of medals, certificates, ranking and, accreditation, may be imposed by the EB on support personnel, referees, coaches, judges, managers and other officials associated with the team or any other person, other than the competitor, found involved in the doping offence;
- 7.13.4 A medal may be withdrawn or other penalties applied by order of the EB on a proposal of the OCA Medical Committee;
- 7.13.5 The above Regulations shall in no way affect further sanction by the IF and the NOC concerned, or any other action the EB may decide to take;
- 7.12.6 Competitors in sports restricted to women must comply with the prescribed gender test;
- 7.13.7 The Committee is responsible to ensure that these Rules are observed;
- 7.13.8 Members of this Committee may not act as team doctors;
- 7.13.9 The OCA Anti-Doping Rules will be followed for all OCA Games being held under the patronage of the OCA. These rules will be based on the WADA code and guidelines. All Member NOCs of OCA, the IFs, AFs and the AYGOC will abide by the OCA Anti-Doping Rules;
- 7.13.10 The OCA President shall also appoint an Anti-Doping Commission and a TUE Sub Commission which will be responsible for the implementation of the Anti-Doping Rules during the course of the OCA Games. The Commission will work under the authority of the OCA Medical Committee Chairperson and will perform its duties and responsibilities in accordance with the directions from the EB;
- 7.13.11 The OCA President will also establish a Doping Control Department within the Structure of OCA. The Doping Control Department will be responsible for implementing the Anti-Doping program which has been established by the EB and coordinate on a daily basis on the Anti-Doping program with all the concerned agencies;
- 7.13.12 In addition to above all provisions of the OCA Anti-Doping Rules established by the OCA will be applicable.

9. General Rules and Regulations

8.1 Rules

8.1.1 Eligibility Code (OCA 52)

To be eligible for participation in the OCA Games, a competitor must:





- a) Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter;
- b) Respect the spirit of fair play and non-violence and abide by the rules on the sports field;
- c) Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organisations;
- d) The Member must ensure that any competitor in the OCA Games must be a national of the country of the NOC, which is entering him;
- e) Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

8.1.2 Nationality of Competitor (OCA By-Law 52)

- a) All cases of infringement of IOC Rule 41, 42 and it's Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final;
- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality;
- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA Games to represent his new country until three years after such change or acquisition;
- d) If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue to represent the country to which he belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his new NOC if one exists. This option can only be made once and is irreversible;
- e) In all cases not expressly addressed in these Bye-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general The OCA Games 80 SEP 2017 or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;
- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

8.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programme a minimum of six (6) NOCs should enter their athletes by number and a minimum of four (4) should be physically present before the start of the competition;



- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the JJAU technical rules:
- c) However, the following numbers cannot be exceeded:
 - For individual events, two competitors from each Member;
 - For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the JJAU concerned;
 - For events where individual and team competitions are conducted simultaneously, and the team event is decided by the aggregate score/time of each individual member of the team, the athlete (if maximum two) participating in the individual event must be designated as such in the Entry form and only the athlete concerned will be competing in the individual event.

8.1.4 Technical Official and Jury of Appeal (OCA 59)

The BAYGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

8.1.5 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams/Member NOC's, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the Programme;
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small Ad Hoc working group from CAS that will be present and working alongside the OCA in the Asian Games period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA Games.

8.1.6 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal;
- b) Appeals against other decisions of the Judges or with regard to any other matters must be addressed to the President of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal;
- c) Exceptional circumstances apart, a claim must be made within two hours of the decision giving rise to it. The Jury, after an investigation, shall give a decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for infraction of the Rules and Regulations of the OCA. In these case it shall be decided by the Court of Appeal;
- d) All claims and appeals must be made in writing.

8.1.7 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this



competitor's team is proved to have been party to the fraud, his/her team shall be disqualified in the sport involved.

10. Doping Control

In order to ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping programme of the 3rd Asian Youth Games will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

11. Victory Ceremony

- Gold, Silver and Bronze medals will be awarded to the athletes ranked in the top three (two third place) of each event respectively.
- Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the waiting area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

12. Approval of the Technical Handbook

- This Technical Handbook was approved by Ju-Jitsu Asian Union (JJAU) on 15/05/2025



13. Key Contact Information

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14.1 Field of Play

