



The 3rd Asian  
Youth Games  
Bahrain 2025

# Judo

## Technical Handbook

V2





## Technical Information

### 1. Dates

The Judo competition of the 3rd Asian Youth Games will be held from 29 to 30. October 2025 at Exhibition World Bahrain - Hall 1.

### 2. Venues

The Judo competition will be held at Exhibition World Bahrain - Hall 1. Gymnasium, which consists of Two (2) arenas, and one (1) warm-up arenas. The competition venue is 33 km kilometers away from the Athletes' Hotel.

The competition venue will also be used as the training venue.

### 3. Events

The Judo competition of the 3rd Asian Youth Games of 14 events, including eight (8) men's events, eight (8) women's events, follows:

Men's Events (8) : -50kg, -55kg, -60kg, -66kg, -73kg, - 81kg, -90kg, +90.

Women's Events (8) : -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70.

### 4. Competition Schedules

Date	Session	Time	Event		Phase
29 October 2025 (Wednesday)	JUD01	9:00-15:00	W -40kg W -44kg W -48kg W -52kg	M -50kg M -55kg M -60kg M -66kg	Preliminary, Repechage Semi-final
29 October 2025 Wednesday	JUD02	16:00-18:00	W -40kg W -44kg W -48kg W -52kg	M -50kg M -55kg M -60 kg M -66kg	Final & Victory Ceremony
30 October 2025 (Thursday)	JUD03	10:00-15:00	W -57kg W -63kg W -70kg W +70kg	M -73kg M -81kg M -90kg M +90kg	Preliminary, Repechage Semi-final
30 October 2025 (Thursday)	JUD04	16:00-18:00	W -57kg W -63kg W -70kg W +70kg	M -73kg M -81kg M -90kg M +90kg	Final & Victory Ceremony



## **5. Sport Entries**

### **5.1. Eligibility**

- Only the OCA member NOCs are entitled to send athletes to participate in the Judo competition of the 3<sup>rd</sup> Asian Youth Games.
- Only athletes who comply with the OCA Constitution, Rules and its Byelaw are entitled to participate in the Judo competition.

### **5.2. Entry Timeline**

- Entry by Sport: Deadline: 24:00 25 March 2025 (Manama Time, GMT +3)
- Entry by Number: from 10:00 30 June 2025 to 23:59 21 July 2025 (Bahrain Time, UTC +3).
- Entry by Name: from 10:00 1 August 2025 to 23:59 31 August 2025 (Bahrain Time, UTC +3).

### **5.3. Entry Policies**

- Individual: Each NOC may enter a maximum of one (1) athlete per event.
- Total number of athletes: Each NOC may enter a maximum of Sixteen (16) athletes including eight (8) men's events, eight (8) women.
- Any NOC that withdraws its athletes or teams after the submission of the final entries by name or the Team Draw phase will be faced with disciplinary action by the OCA Executive Board.

### **5.4. Age Limitation**

- Athlete participating in the Judo competition must be between 14 and 17 years
- Athletes must be born 14 November 2008 and 31 October 2011 (inclusive).

## **6. Arrival and Departure**

Teams arrival is fixed two (2) days before the competition and depart one (1) day after it ends.

## **7. Training Arrangement**

### **7.1. Training Rules**

- Reservation-based/reservation-free training will be arranged for the Judo competition of the 3<sup>rd</sup> Asian Youth Games.
- Opening hours of the training hall: 09:00-18:00, 26-28 October 2025 (with a 60-minute limit for each NOC).
- Participating teams must reserve a training session at the SIC before 17:00 at least one (1) day in advance.
- Reservations will be accepted on a first-come, first-served basis and in principle, training slots will be allocated evenly among all participating teams. Each team can only make one (1) reservation per day.

### **7.2. Training Schedule**

The Training Schedule and the specific time and location are to be determined.

## **8. Technical Meeting**

The Technical Meeting place and time will be confirmed.

## **9. Competition Rules**

### **9.1. Rules**

The Judo competition of the 3<sup>rd</sup> Asian Youth Games will be held as per the latest technical and competition rules of the International Judo Federation (IJF) and the





Judo Union of Asia (JUA). Detailed information is available on the website of the IJF: [www.ijf.org](http://www.ijf.org) ; <https://thejua.org>

In case of any disagreement in the interpretation of the IJF/JUA rules and regulations, the English version shall prevail. Any unforeseen circumstances not covered by the regulations and rules shall be resolved as follows:

- Technical issues: Resolved in accordance with the IJF/JUA rules and regulations.
- General issues: Resolved in accordance with the Olympic Council of Asia (OCA) Constitution and Rules.

## 9.2. Competition Duration

The duration of each contest shall be four (4) minutes for both men's and women's events (actual time). There is no time limit for the Golden Score. Any existing score(s) and/or shido(s) from regular time are carried into the Golden Score period and will remain on the scoreboard. Golden score can only be won by a technical score (yuko, waza-ari or ippon) or hansokumake (direct or by accumulative shido).

## 9.3. Draw

Date: 29 October 2025.

Time: 14:00.

Location: Not yet determined.

Each NOC may send up to two (2) delegates to attend the draw. Dress code: formal attire (Jacket, trousers, shirt, and tie for men; jacket, trouser/skirt/dress, and blouse for women). Under the guidance of the Technical Delegate, the draw will be conducted using a computer-based draw system with the help of JUA-appointed ITOs.

## 9.4. Weigh-in

Location: Not yet determined.

Weigh-in Room Not yet determined.

Time for unofficial weigh-in: 15:20-15:50

Time for official weigh-in: 16:00-16:30

Note: In the official weigh-in for individual events, the weight of each athlete must not exceed the prescribed weight limit. For random weigh-in, the weight of the athlete cannot be more than 5 % higher than the official maximum weight limit of the category.

Each athlete will be allowed only one (1) weight control during the official weigh-in and

must weigh within the limits of the appropriate weight category. The official weigh-in

## 9.5. Random weigh-in

Random weight checks can be organized before the first contest in the morning of the competition. Four (4) athletes per weight category will be drawn. The rules will be the same as those of the official weigh-in. Athletes competing in cadet events are NOT allowed to remove their underclothing (men must wear underpants and optionally a vest top and women must wear underpants and a bra or vest top); to compensate an additional 200 g will be allowed i.e., for the category -44 kg the limit will be -44.2 kg.

Each athlete shall bring his or her accreditation card. The weight of the athlete cannot be more than 5% higher (without judogi) than the official maximum weight limit of the category.

Men +5% Tolerance



-50 kg	Up to and including 50.2 kg	52.7 kg
-55 kg	Over 50.0 kg, up to and including 55.2 kg	58.0 kg
-60 kg	Over 55.0 kg, up to and including 60.2 kg	63.2 kg
-66 kg	Over 60.0 kg, up to and including 66.2 kg	69.5 kg
-73 kg	Over 66.0 kg, up to and including 73.2 kg	76.9 kg
-81 kg	Over 73.0 kg, up to and including 81.2 kg	85.3 kg
-90 kg	Over 81.0 kg, up to and including 90.2 kg	94.7 kg
+90 kg	Over 90.0 kg	

Women +5% Tolerance.

-40kg	Up to and including 40.2 kg	42.2 kg
-44kg	Over 44 kg, up to and including 44.2 kg	46.4 kg
-48kg	Over 48 kg, up to and including 48.2 kg	50.6 kg.
-52kg	Over 48 kg, up to and including 52.2 kg	54.8 kg
-57kg	Over 52 kg, up to and including 57.2 kg	60.1 kg
-63kg	Over 57 kg, up to and including 63.2 kg	66.4 kg
-70kg	Over 63 kg, up to and including 70.2 kg	73.7 kg
+70kg	Over 70 kg	

### Weigh-in Schedule

Date	Time	Event		Phase
28 October 2025 (Wednesday)	15:20- 15:50	W -40kg	M -50kg	Unofficial weigh-in
		W -44kg	M -55kg	
		W -48kg	M -60kg	
		W -52kg	M -66kg	
	16:00- 16:30	W -40kg	M -50kg	Official weigh-in
		W -44kg	M -55kg	
		W -48kg	M -60kg	
		W -52kg	M -66kg	
29 October 2025 (Tuesday)	15:20- 15:50	W -57kg	M -73kg	Unofficial weigh-in
		W -63kg	M -81kg	
		W -70kg	M -90kg	
		W +70kg	M +90kg	
29 October 2025 (Tuesday)	16:00- 16:30	W -57kg	M -73kg	Official weigh-in
		W -63kg	M -81kg	
		W -70kg	M -90kg	
		W +70kg	M +90kg	



## **10. Technical Officials**

- A. International Technical Officials (ITOs) must be accredited by the IJF/JUA and shall be appointed or recommended by the TD commissioned by the JUA.
- B. National Technical Officials shall be appointed by the Bahrain Judo Federation.
- C. Each NOC may nominate one (1) national technical official with Continental or International Referee License.
- D. As the contest shall be conducted by referees of different nationalities to the two (2) competing athletes, one (1) referee and two (2) judges from neutral NOCs shall be appointed.
  - The host country may nominate a maximum of two (2) national technical officials with Continental or International Referee License and with the approval of the Technical Delegate.
  - AF has the right to appoint the Technical Delegate, and the TD has the right to appoint International Technical Officials (ITOs) in coordination and approval of the OCA.
  - In the event of any violation of the AF/IF Rules or Rules and Regulations by any participant, the OCA has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party.

## **11. Jury of Appeals**

The members of Jury of Appeal shall be appointed by the Technical Delegate commissioned by the JUA.

## **12. General Rules and Regulations**

### **11.1 Rules**

#### **11.1.1 Eligibility Code (OCA 52)**

To be eligible for participation in the OCA Games, a competitor must:

- a) Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter;
- b) Respect the spirit of fair play and non-violence and abide by the rules on the sports field;
- c) Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organisations;
- d) The Member must ensure that any competitor in the OCA Games must be a national of the country of the NOC, which is entering him;
- e) Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

#### **11.1.2 Nationality of Competitor (OCA By-Law 52)**

- a) All cases of infringement of IOC Rule 41, 42 and its Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final;
- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However,



after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality;

- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA Games to represent his new country until three years after such change or acquisition;
- d) If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue to represent the country to which he belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his new NOC if one exists. This option can only be made once and is irreversible;
- e) In all cases not expressly addressed in these Bye-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general The OCA Games 80 SEP 2017 or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;
- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

#### 11.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programme a minimum of six (6) NOCs should enter their athletes by number and a minimum of four (4) should be physically present before the start of the competition;
- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the IJF/JUA technical rules;
- c) However, the following numbers cannot be exceeded:
  - For individual events, two competitors from each Member;
  - For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the IJF/JUA concerned;
  - For events where individual and team competitions are conducted simultaneously, and the team event is decided by the aggregate score/time of each individual member of the team, the athlete (if maximum two) participating in the individual event must be designated as such in the Entry form and only the athlete concerned will be competing in the individual event.

#### 11.1.4 Technical Official and Jury of Appeal (OCA 59)

The BAYGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be







discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

#### 11.1.5 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams/Member NOC's, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the Programme;
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small Ad Hoc working group from CAS that will be present and working alongside the OCA in the Asian Games period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA Games.

#### 11.1.6 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal;
- b) Appeals against other decisions of the Judges or with regard to any other matters must be addressed to the President of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal;
- c) Exceptional circumstances apart, a claim must be made within two hours of the decision giving rise to it. The Jury, after an investigation, shall give a decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for infraction of the Rules and Regulations of the OCA. In these case it shall be decided by the Court of Appeal;
- d) All claims and appeals must be made in writing.

#### 11.1.7 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this competitor's team is proved to have been party to the fraud, his/her team shall be disqualified in the sport involved.

### 13. Protest and Appeals

Protests and appeals shall be handled as per the latest competition rules. All appeals of a technical nature will be the responsibilities of TD commissioned by the JUA. Any athlete/NOC may appeal to the Court of Arbitration for Sport (CAS), if the athlete/NOC believes that there has been a violation of FIG/AUG technical rules or the OCA Constitution, if the appeal is not related to reversing the decision of the referee or result.

### 14. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and IJF/JUA. Neither athletes nor technical officials will be permitted to attach any form of commercial advertising to his or her competition uniform without prior approval from the OCA and the 3<sup>rd</sup> Asian Youth Games 2025 Organizing Committee







Each Judoka should provide two judogis, one white and one blue.  
All the training equipment shall be approved by the Technical Delegate.

**15. Doping Control**

To ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping programme of the 3rd Asian Youth Games will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

**16. Victory Ceremony**

Gold, silver, and bronze medals will be awarded to the athletes ranked the top three (including joint third place) respectively, fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear white judogis.

**17. Approval of the Technical Handbook**

The Technical Handbook has been approved by the TD commissioned by the Judo Union of Asia (JUA). On 15<sup>th</sup> May 2025



## 18. Key Contact Information

Federations	
<b>International Judo Federation (IJF)</b>	
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## 19. Appendices

### 19.1. Field of Play

