



The 3rd Asian
Youth Games
Bahrain 2025

Kabaddi

Technical Handbook

V2





Technical Information

1. Dates

Youth Kabaddi (KAB) Competition for the 3rd Asian Youth Games 2025 will be held from Wednesday, 19th October to Saturday 23rd October 2025.

2. Venues

The Youth Kabaddi Competition will be held in Hall D, Isa Sport City

3. Events

The Youth Kabaddi Competition will consist of two (2) events including boys and girls categories.

Men	Women
Boys' Team	Girl's Team

4. Competition Schedules

Date	Session	Category	Time	Duration	Session	Teams	Court
19 Oct 2025 Sunday	DAY 1 - Preliminary Group Matches for Girls and Boys						
	KAB01	Boys	10:00 AM-10:45 AM	45min	Group 1 - Match 1	A vs C	Court 2
		Girls	11:00 AM-11:35 AM	35min	Group 1 - Match 1	A vs B	Court 1
		Boys	11:50 AM-12:35 PM	45min	Group 2 - Match 2	E vs G	Court 2
	LUNCH BREAK 12:45 PM to 16:00 PM						
	KAB02	Boys	17:00 PM-17:45 PM	45min	Group 1 - Match 3	B vs D	Court 2
		Girls	18:00 PM-18:35 PM	35min	Group 2 - Match 2	D vs E	Court 1
		Boys	18:50 PM-19:35 PM	45min	Group 2 - Match 4	F vs H	Court 2
20 Oct 2025 Monday	DAY 2 - Preliminary Group Matches for Girls & Boys						
	KAB03	Boys	10:00 AM-10:45 AM	45min	Group 1 - Match 5	A vs B	Court 2
		Girls	11:00 AM-11:35 AM	35min	Group 1 - Match 3	A vs C	Court 1
		Boys	11:50 AM-12:35 PM	45min	Group 2 - Match 6	E vs F	Court 2
	LUNCH BREAK 12:45 PM to 16:00 PM						
	KAB04	Boys	17:00 PM-17:45 PM	45min	Group 1 - Match 7	B vs D	Court 2
		Girls	18:00 PM-18:35 PM	35min	Group 2 - Match 4	D vs F	Court 1
		Boys	18:50 PM-19:35 PM	45min	Group 2 - Match 8	F vs H	Court 2



Date	Session	Category	Time	Duration	Session	Teams	Court	
	DAY 3 - Knockout Matches for Boys and Preliminary Group Matches for Girls							
21 Oct 2025 Tuesday	KAB05	Boys	10:00 AM-10:45 AM	45min	Group 1 - Match 9	A vs D	Court 2	
		Girls	11:00 AM-11:35 AM	35min	Group 1 - Match 5	B vs C	Court 1	
		Boys	11:50 AM-12:35 PM	45min	Group 2 - Match 10	E vs H	Court 2	
	LUNCH BREAK 12:45 PM to 16:00 PM							
	KAB06	Boys	17:00 PM-17:45 PM	45min	Group 1 - Match 11	B vs D	Court 2	
		Girls	18:00 PM-18:35 PM	35min	Group 2 - Match 6	E vs F	Court 1	
		Boys	18:50 PM-19:35 PM	45min	Group 2 - Match 12	F vs H	Court 2	
	DAY 4 - Semi Finals for Girls & Boys							
22nd Oct 2025 Wednesday	KAB07	Girls	09:00 AM - 09:35 AM	35min	S1- Match 1	W1 vs R2	Court 1	
		Boys	10:00 AM - 10 :45 AM	45min	S1- Match 2	W1 vs R2	Court 2	
		Girls	11:00 AM - 11:35 AM	35min	S2- Match 3	W2 vs R1	Court 1	
		Boys	12:00 PM - 12 :45 PM	45min	S2- Match 4	W2 vs R1	Court 2	
	DAY 5 - Finals and Victory Ceremony for Girls & Boys							
23rd Oct 2025 Thursday	KAB08	Girls	16:00 PM - 16:35 PM	35min	Final - Match 1	WSF1 vs WSF2	Court 1	
		Boys	17:00 PM - 17 :45 PM	45min	Final Match 2	WSF1 vs WSF2	Court 2	
		Girls	18:00 PM-19:00 PM	60min	Victory Ceremony Area			
		Boys	19:00 PM - 20:00 PM	60min	Victory Ceremony Area			

Note: The competition schedule is subject to change in case one or more teams cancel their participation in the Asian Youth Kabaddi Games.

5. Sport Entries

5.1 Eligibility

Only OCA and NOC member NOCs are entitled to send athletes to participate in the Youth kabaddi of the **3rd Asian Youth Games Kabaddi 2025**.

NOCs whose AKF or IKF National Member Federation is under an AKF or IKF suspension shall not be entitled to participate. Only athletes who comply with the





OCA constitution, Rules and its by -law are entitled to participate in the Youth Kabaddi competitions.

A player is eligible to participate in the 3rd Asian Youth Games Kabaddi 2025 if he/she:

5.1.1 is registered in play with confirmed account

5.1.2 holds the legal nationality of that country

5.1.3 presents a passport of that country issued by the competent authorities before 05th August 2025

5.2. Entry Timeline

- Entry by Sport: Deadline: 24:00 25 March 2025 (Manama Time, GMT +3)
- Entry by Number: from 10:00 30 June 2025 to 23:59 21 July 2025 (Bahrain Time, UTC +3).
- Entry by Name: from 10:00 1 August 2025 to 23:59 31 August 2025 (Bahrain Time, UTC +3TBC

Both Entry by Number and Entry by Name may be sent via email and subsequently confirmed with stamped original by posting to the following address:

Sports Technical Committee

3rd Asian Youth Games Kabaddi, Kingdom of Bahrain 2025,

RP Tower, Building 647, Road 3614, Block 436 – Seef, District, Bahrain

Email: sports@bayg.bh

Tel: (+973) 36955011

5.3. Entry Policies & Qualification

5.3.1. Each NOC may enter only one (1) Boys' team and one (1) Girl's team, each consisting of a maximum of fourteen (14) athletes. Competition applications are limited to 12 countries per category. 12 Countries in Boys team & 10 countries for Girls. If there are more than 12 countries, take it in order which they send the applications and cut out the rest. AKF will send the confirmation to all selected teams.





Countries which Qualified for 3rd Asian Youth Games 2025

Boys (Male)	
1	Bahrain
2	Iraq
3	Iran
4	Bangladesh
5	India
6	Pakistan
7	Sri Lanka
8	Indonesia
9	Thailand
10	Japan
11	Korea
12	Chinese Taipei

Girls (Female)	
1	Iran
2	Bangladesh
3	India
4	Sri Lanka
5	Indonesia
6	Thailand
7	Vietnam
8	Japan
9	Mongolia
10	Chinese Taipei

5.3.2. The host NOC shall obtain 1 quota place per gender.

5.3.3. Each NOC must ensure their players are meeting eligibility requirements defined jointly by OCA, AKF or IKF.

5.3.4. Any NOCs that withdraw the entry of their athletes or teams after the submission of the final Entries by Name and Team Sport Draw will be faced disciplinary action by the OCA Executive Board.

5.4 Age Limitation

Athletes participating in the Kabaddi competition must be 15 - 18 years old – Athlete must be born between 1st Jan 2008 and 31st December 2010 (inclusive).

6. Arrival and Departure

Teams arrival is fixed two (2) days before the competition and depart one (1) day after it ends.

7. Technical Meeting

The Technical Meeting will be convened on **18th Oct 2025** Time and Location to be Confirmed.

8. Competition Rules and Regulation

7.1. Competition Rules





The Youth Kabaddi competitions of the 3rd Asian Youth Games Kabaddi 2025 will be held in accordance with the International Kabaddi Federation (IKF) and Asian Kabaddi Federation (AKF).

9. Competition Format

Boys and Girl's Kabaddi Competitions will follow the IKF and AKF Rule. 8.1.2 Field of Play (FOP). The Youth Kabaddi Competition will take place on 2 courts- One Boys and One Girls.

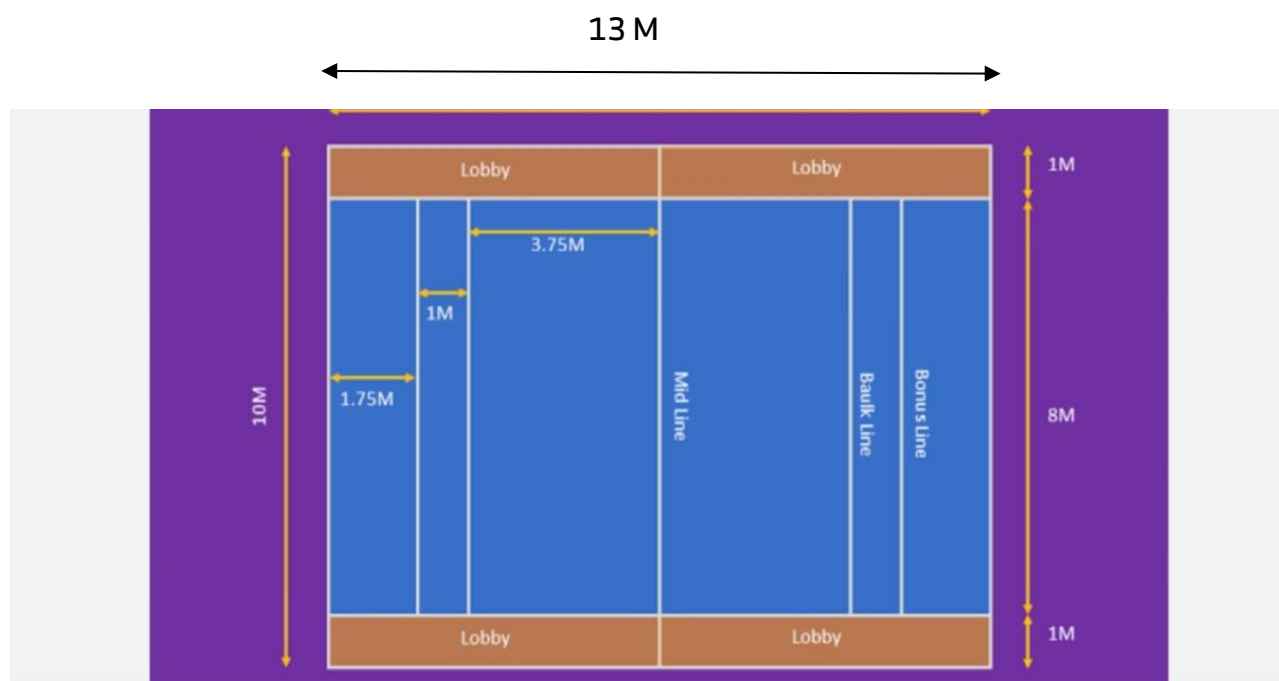
10. Technical Officials

- Youth Kabaddi nominates Technical Delegate (TD) shall be required. International Technical Officials (ITO) shall be required for *officiating* the Games i.e, 50 members including Technical officials, ITO, NTO, Jury members, observers, ground staff, ground markers, sporting staff in the arena, arena Manager (excluding 1 TD). 10 International Technical Officials (ITO) will be officiating in One Youth Kabaddi competition
- ITOs must hold a valid Youth Kabaddi Referee License and shall be nominated by AKF/ IKF. ITOs shall wear the Referee Uniform.

11. Kabaddi Field of Play

10.1. Kabaddi court for Youth Boys

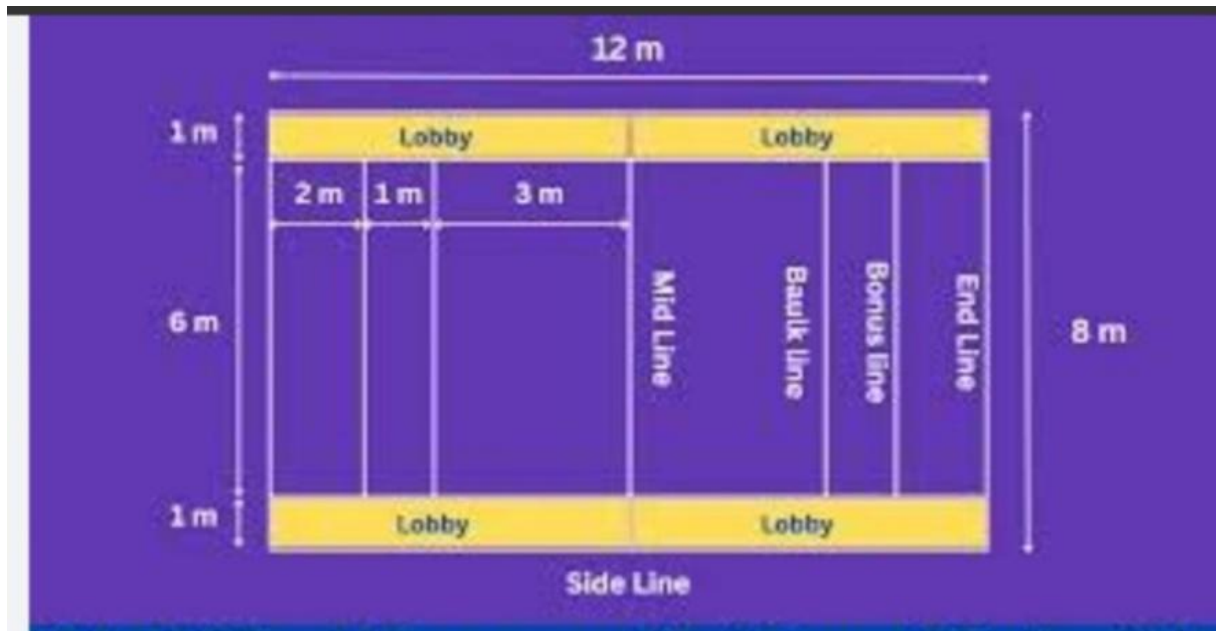
Court size 13×10





10.2. Kabaddi court for Youth Girls

Court size 12×8



Boys weight - 70 kg under -18

Girls weight - 65 kg under - 18

Boys

NO.	Age	Weight	Time of Play	Measurement of play field
1.	15-18 years old- Born 2008-2009-2010 (01/01/2008- 31/12/2010) A person born on 1 January 2008 will be 17 years, 11 months, 30 days on 31 Dec 2025 → Eligible	70 Kgs	20-5-20	13*10

Girls

NO.	Age	Weight	Time of Play	Measurement of play field
1.	15-18 years old- Born 2008-2009-2010 (01/01/2008-31/12/2010)	65 Kgs	15-5-15	12*8



	A person born on 1 January 2008 will be 17 years, 11 months, 30 days on 31 Dec 2025 → Eligible			
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12. Protest and Appeals

- Protests will be carried out in accordance with the Rules of AKF/ IKF.
- Protest to review the decision of the referee in the game. During the competition, using review with TV-Umpire as the final decision. Each team can request only one time for every half time of 20 mins. If the decision of the TV-Umpire says the decision of the judges is wrong, the right to protest remains. If TV-Umpire considers the judge's decision is correct, the requesting team will lose the right to protest until the end of that particular half time.

13. General Rules and Regulation

12.1 .1 Eligibility Code (OCA 52)

To be eligible for participation in the OCA Games, a competitor must:

- a) Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter.
- b) Respect the spirit of fair play and non-violence and abide by the rules on the sports field.
- c) Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organizations.
- d) The Member must ensure that any competitor in the OCA Games must be a National of the country of the NOC, which is entering him.
- e) Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

12.1.2 Nationality of Competitor (OCA By-Law 52)

- a) All cases of infringement of IOC Rule 41, 42 and it's Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final.





- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognized by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his/her nationality or acquired a new nationality.
- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognized by the relevant IF, and who has changed his/her nationality or acquired a new nationality, shall not participate in the OCA Games to represent his/her new country until 3 years after such change or acquisition.
- d) If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognized by the OCA, a competitor may continue to represent the country to which he/she belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his/her new NOC if one exists. This option can only be made once and is irreversible.
- e) In all cases not expressly addressed in these Bye-Laws, in particular those cases a competitor would be in a position to represent a country of which he/she is a national, or to have a choice as to the country which he/she intends to represent, the EB makes all decisions. Decisions can be general. The OCA Games or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period.
- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his/her person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

12.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programmed a minimum of seven (7) NOCs should enter their athletes by number and a minimum of five (5) should be physically present before the start of the competition.





- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the International/Asian Federation's technical rules:
- c) However, the following numbers cannot be exceeded:
 - For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the International/Asian Sports Federation concerned.

12.1.4 Technical Official and Jury of Appeal (OCA 59)

The BAYGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

12.1.5 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams /Member NOCs, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the programmed.
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small AdHoc working group from CAS that will be present and working alongside the OCA in the BAYGOC period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA Games.

12.1.6 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal.
- b) Appeals against other decisions of the Judges or with regards to any other matters must be addressed to the Technical Delegate of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal.
- c) Exceptional circumstances apart from that, a claim must be made within two hours of the decision, giving rise to it. The Jury, after an investigation, shall give a





decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for interaction of the Rules and Regulations of the OCA. In these cases, it shall be decided by the Court of Appeal.

d) All claims and appeals must be made in writing.

12.1.7 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this competitor 'steam is proved to have been partly to the fraud, his/her team shall be disqualified in the sport involved.

14. Official Equipment and Clothing

- Equipment and facilities will be in accordance with the regulations and specifications set by OCA, IKF and AKF.
- Clothing worn by athletes and other participants in the Asian Youth Kabaddi Games must comply with the regulations and guidelines of the OCA, IKF and AKF.

15. Doping Control

- During The 3rd Asian Youth Games 2025 doping control examinations will be carried out in conformity with the Rules of the OCA Medical Committee and the WADA code and guidelines.
- It will include a full Anti -Doping program. The Anti-Doping program will be run in accordance with the WADA international Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCATUE Committee (OCA TUEC) by TBC or otherwise specified by WADA/OCA.

14.1. Medical Code (OCA By-Law 24.7)

- Doping is forbidden. The WADA (World Anti-Doping Agency)/IOC (International Olympic Committee) list shall apply and also, if the EB decides, the list of the LF concerned. The Medical Committee shall also prepare a list of prohibited drugs.
- All OCA Games participants/competitors are liable for medical/doping control examinations which will be carried out in conformity with the Rules of the OCA Medical Committee and the OCA Anti-Doping Rules.





- Any OCA Games participant/competitor refusing to submit a medical/Doping control examination, or who is found guilty of doping, shall be excluded from competition or from the present or future OCA Games. After the explanation of the team has been considered and the case discussed with the IF concerned, a team in which one or more members have been found guilty of doping may be excluded from the OCA Games in which it is participating. In sports where a team may no longer compete after a member has been excluded, the remaining competitors may compete in an individual capacity. An appropriate penalty including disqualification, withdrawal of medals, certificates, ranking and accreditation, may be imposed by the EB on support personnel, referees, coaches, judges, managers and other officials associated with the team or any other person, other than the competitor, found involved in the doping offence.
- A medal may be withdrawn or other penalties applied by the order of the EB on a proposal of the OCA Medical Committee.
- The above Regulations shall in no way affect further sanction by the LF and the NOC concerned, or any other action the EB may decide to take.
- Competitors in sports restricted to girls must comply with the prescribed gender test.
- The Committee is responsible for ensuring that these Rules are observed.
- Members of this Committee may not act as team doctors.
- The OCA Anti-Doping Rules will be followed for all OCA Games being held under the patronage of the OCA. These rules will be based on the WADA code and guidelines. All Member NOCs of OCA, the IFs, AFs and the AIMAGOC will abide by the OCA Anti-Doping Rules.
- The OCA President shall also appoint an Anti-Doping Commission and a TUE Sub-Commission which will be responsible for the implementation of the Anti -Doping Rules during the course of the OCA Games. The Commission will work under the authority of the OCA Medical Committee Chairperson and will perform its duties and responsibilities in accordance with the directions from the EB.
- The OCA President will also establish a Doping Control Department within the Structure of OCA. The Doping Control Department will be responsible for implementing the Anti -Doping programmed which has been established by the EB and coordinates on a daily basis on the Anti- Doping programmed with all the concerned agencies.
- In addition to above all the provisions of the OCA Anti-Doping Rules established by the OCA will be applicable.





16. Victory Ceremony

- The medal presentations shall be as per the following order:
Gold Medal - to the first-place winner
Silver Medal - to the second-place winner
Bronze Medal - to the third-place winner (2 teams)
- Before the victory ceremony starts, the medalists will be escorted to the waiting area to get ready for the ceremony. They must wear their uniforms for competition or official clothes designated by their NOCs.

15.1. Prizes and Commendations (OCA 66)

- Gold, silver and bronze medals will be awarded to the athletes/teams ranked in the top four of each event respectively. Medalists must wear their NOC official uniforms (OCA66).
- Medals to the winners of the OCA Games shall be presented by the OCA President. The President may delegate this privilege to other members of the OCA, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner.
- The competitors who have been judged first, second and third shall take their places, in their sports uniforms, on a stand on the field facing the Tribune of Honor, with the winner slightly above the second who is on their right and the (2 teams) at third positions who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag -pole and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three competitors shall turn towards the flags.
- No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn e.g. shoes and clothing which must be in accordance with the OCA commercial guidelines. (10)
- No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board (EB), including disqualification, withdrawal of medals, certificates, accreditation, rankings and awards.
- Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material. by any athlete during the Victory Ceremony or during the





Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB

- Victory, medals and diploma certificates shall be in strict compliance with the OCA Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the OCA for its approval.
- No other official /delegate from the participating delegations, other than the medal winners, will be allowed on or near the podium during the medal presentation.

17. Approval of the Technical Handbook

This Technical Handbook was approved by the International Kabaddi Federation (IKF) and Asian Kabaddi Federation (AKF), on 12 June 2025



18. Key Contact Information

Federations	
International Kabaddi Federation (IKF)	
President	Mr. Vinod Kumar Tiwari
Secretary General	Mr. Sathasivam Munisamy
Address	2, Aakanksha, Ajmer Road, Jaipur, India
Phone	+60 16-442 4115
Fax	+603-2070-8587
Email	internationalkabaddi@gmail.com president_ikf@outlook.com
Web	https://www.kabaddiikf.com
Asian Kabaddi Federation (AKF)	
President	Dr. Abbas Khajeh Avarseji
Secretary General	Mr. Muhammad Sarwar Rana
Address	Office 15, Jinnah Stadium, Pakistan Sports Complex Islamabad, Pakistan
Phone	+92 333 5133541, +98 912 578 9587
Email	pakkabaddifederation@yahoo.com , asiankabaddi@yahoo.com
Technical Delegate	Mr. Kuldeep Kumar Gupta
Address	H.No. 36, Lane No.2 Parveen Colony Extn. Trikuta Nagar Jammu, India 180020.
Email	kuldeepguptaindia@gmail.com
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Competition Manager	Mr. Hitesh Sikka
Email	Kabaddi@bayg.bh , hiteshsikka4@gmail.com
Phone	+973 38883904



18. Appendices

18.1 Field of Play

