



The 3rd Asian
Youth Games
Bahrain 2025

Wrestling

Technical Handbook

V2





Technical Information

1. Dates

Wrestling competition for the Asian Youth Games (Bahrain 2025) will be held from **28th to 30th October 2025**.

2. Venues

Wrestling competition will be held in:

- Exhibition World Bahrain for U17 Freestyle
- Sama bay for U17 Beach Freestyle

3. Events

3.1 U17 Wrestling competition Freestyle for men and women will consist of sixteen (16) events, including eight (08) men's and eight (08) women's events.

Weight Categories: 8 Categories

Men: 45kg - 48kg - 51 kg - 55kg - 60kg - 65kg - 71kg - 80kg

Women: 40kg - 43kg - 46kg - 49kg - 53kg - 57kg - 61kg - 69kg

3.2 U17 Beach Wrestling competition will consist of eight (8) events, including four (04) men's and four (04) women's events:

Boys: 60 kg, 70 kg, 80 kg, 90 kg

Girls: 45 kg, 55 kg, 65 kg, 75 kg

4. Competition Schedules

Date	Day	Time	Event
27-10-2025	Mon	15.00 - 16.00	Technical conference All FS teams Draw FS All weight Categories
		16.00- 17.00	Technical conference All BW Teams Draw FS of BW All weight Categories
28-10-2025	Tue	07.00 - 07.30	Medical examination & weigh in men FS 45 - 51 - 60 - 71
			Medical examination & weigh in WW 40 - 46 - 53 - 61
		10.00-15.00	Qualification Rounds men FS 45 - 51 - 60 - 71
			Qualification Rounds WW 40 - 46 - 53 - 61
		17.00 - 21.00	Finals and Award Ceremonies men FS 45 - 51 - 60 - 71
			Finals and Award Ceremonies WW 40 - 46 - 53 - 61
29-10-2025	Wed	07.00 - 07.30	Medical examination & weigh in men FS 48 - 55 - 65 - 80
			Medical examination & weigh in WW 43 - 49 - 57 - 69
		10.00-15.00	Qualification Rounds men FS 48 - 55 - 65 - 80
			Qualification Rounds WW 43 - 49 - 57 - 69
		17.00 - 21.00	Finals and Award Ceremonies WW 43 - 49 - 57 - 69
			Finals and Award Ceremonies men FS 48 - 55 - 65 - 80



30-10-2025	Thu	07.00 – 07.30	Medical examination & weigh in All weight categories Beach Wrestling (BW)
		10.00-13.00	Group Stage BW 60-70-80-90 Men Group Stage BW 45-55-65-75 Women
		13.00-18.00	Direct elimination and finals BW 60-70-80-90 Men 45-55-65-75 Women
		18.30-19.30	Award Ceremonies BW

Note: The competition schedule may be subject to change after the completion of the entries.

5. **Sport Entries**

5.1 Eligibility

- Only NOCs that are members of the OCA are entitled to send athletes to compete in the Wrestling competition of the 3rd Asian Youth Games.
- Only athletes who comply with the OCA Constitution and Rules and its By-law are entitled to compete in the Wrestling competition.
- Participants must comply with the Rules and Regulations of UWW

5.2 Entry Timeline

- Entry by Sport: Deadline: 24:00 25 March, 2025 (Manama Time, GMT +3)
- Entry by Number: from 10:00 30 June 2025 to 23:59 21 July 2025 (Bahrain Time, UTC +3).
- Entry by Name: from 10:00 1 August 2025 to 23:59 31 August 2025 (Bahrain Time, UTC +3)

5.3 Entry Policies

- Individual: Each NOC may enter a maximum of one (1) athlete per event.
- Total number of athletes: Each NOC may enter a maximum of twenty Four (24) athletes twelve (12) male and twelve (12) women.
- Any NOC that withdraws its athletes or teams after the submission of the final entries by name or the Team Draw phase will be faced with disciplinary action by the OCA Executive Board.

5.4 Age Limitation

- Athlete participating in the Wrestling competition must be between 15 - 17 years old – U17 UWW
- Athlete must be born between 2008 and 2010 (inclusive).

6. **Arrival and Departure**

Teams arrival is fixed two (2) days before the competition and depart one (1) day after it ends.

7. **Technical Meeting**

- The technical meeting and the draw of Freestyle Wrestling will be held from 15:00 to 16:00 pm and for the Beach Wrestling from 16:00 to 17:00 on October 27 Location will be confirmed

8. **Training Arrangements**

- The Wrestling training sessions will be Confirmed after the final Registration.





9. **Competition Rules**

The Wrestling Competition of the 3rd Asian Youth Games 2025 will be held in accordance with the current United World Wrestling (UWW) Rules and Regulations under the guidance of the Technical Delegate (TD) appointed by UWW. Regulations can be consulted on the United World Wrestling website at the following address:

<https://uww.org/governance/regulations-olympic-wrestling>

10. **Protest and Appeals**

- In case of a disagreement with the call, the coach is allowed to stop the action on behalf of the wrestler in Olympic Wrestling, or the athlete may do so themselves in Beach Wrestling. Details about the challenge process are described in Article 31 ("The Challenge") of the Wrestling Rules and Article 18 ("The Challenge") of the Beach Wrestling Rules .
- No appeal after the end of a match against a decision made by the refereeing body may be lodged.
- If the UWW President or the responsible person for refereeing notes that the refereeing body have abused their power to modify a match result, they can examine the video and, with the agreement of the UWW Bureau, sanction those responsible as laid down in the provisions of the Regulations for International Refereeing Body.

11. **General Rules and Regulations**

11.1 Rules

11.1.1 Eligibility Code (OCA 52)

To be eligible for participation in the OCA Games, a competitor must:

- a) Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter;
- b) Respect the spirit of fair play and non-violence and abide by the rules on the sports field;
- c) Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organisations;
- d) The Member must ensure that any competitor in the OCA Games must be a national of the country of the NOC, which is entering him;
- e) Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

11.1.2 Nationality of Competitor (OCA By-Law 52)

- a) All cases of infringement of IOC Rule 41, 42 and its Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final;
- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality;
- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA Games to represent his new country until three years after such change or acquisition;



- d) If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue to represent the country to which he belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his new NOC if one exists. This option can only be made once and is irreversible;
- e) In all cases not expressly addressed in these Bye-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general The OCA Games or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;
- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

11.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programme a minimum of six (6) NOCs should enter their athletes by number and a minimum of four (4) should be physically present before the start of the competition;
- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the UWW technical rules:
- c) However, the following numbers cannot be exceeded:
 - For individual events, two competitors from each Member;
 - For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the UWW concerned;
 - For events where individual and team competitions are conducted simultaneously, and the team event is decided by the aggregate score/time of each individual member of the team, the athlete (if maximum two) participating in the individual event must be designated as such in the Entry form and only the athlete concerned will be competing in the individual event.

11.1.4 Technical Official and Jury of Appeal (OCA 59)

The BAYGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

11.1.5 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams/Member NOC's, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the Programme;
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small Ad Hoc working group from CAS that will be present and working





alongside the OCA in the Asian Games period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA Games.

11.1.6 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal;
- b) Appeals against other decisions of the Judges or with regard to any other matters must be addressed to the President of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal;
- c) Exceptional circumstances apart, a claim must be made within two hours of the decision giving rise to it. The Jury, after an investigation, shall give a decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for infraction of the Rules and Regulations of the OCA. In these case it shall be decided by the Court of Appeal;
- d) All claims and appeals must be made in writing.

11.1.7 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this competitor's team is proved to have been party to the fraud, his/her team shall be disqualified in the sport involved.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and UWW. Neither athletes nor technical officials will be permitted to attach any form of commercial advertising to his or her competition uniform without prior approval from the OCA and BAYGOC

13. Doping Control

In order to ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping programme of the 3rd Asian Youth Games will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

14. Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked the top three (including joint third place) respectively.

Ten minutes before the Awarding Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

15. Approval of the Technical Handbook

The Technical Handbook has been approved by United World Wrestling On 20th May 2025





16. Key Contact Information

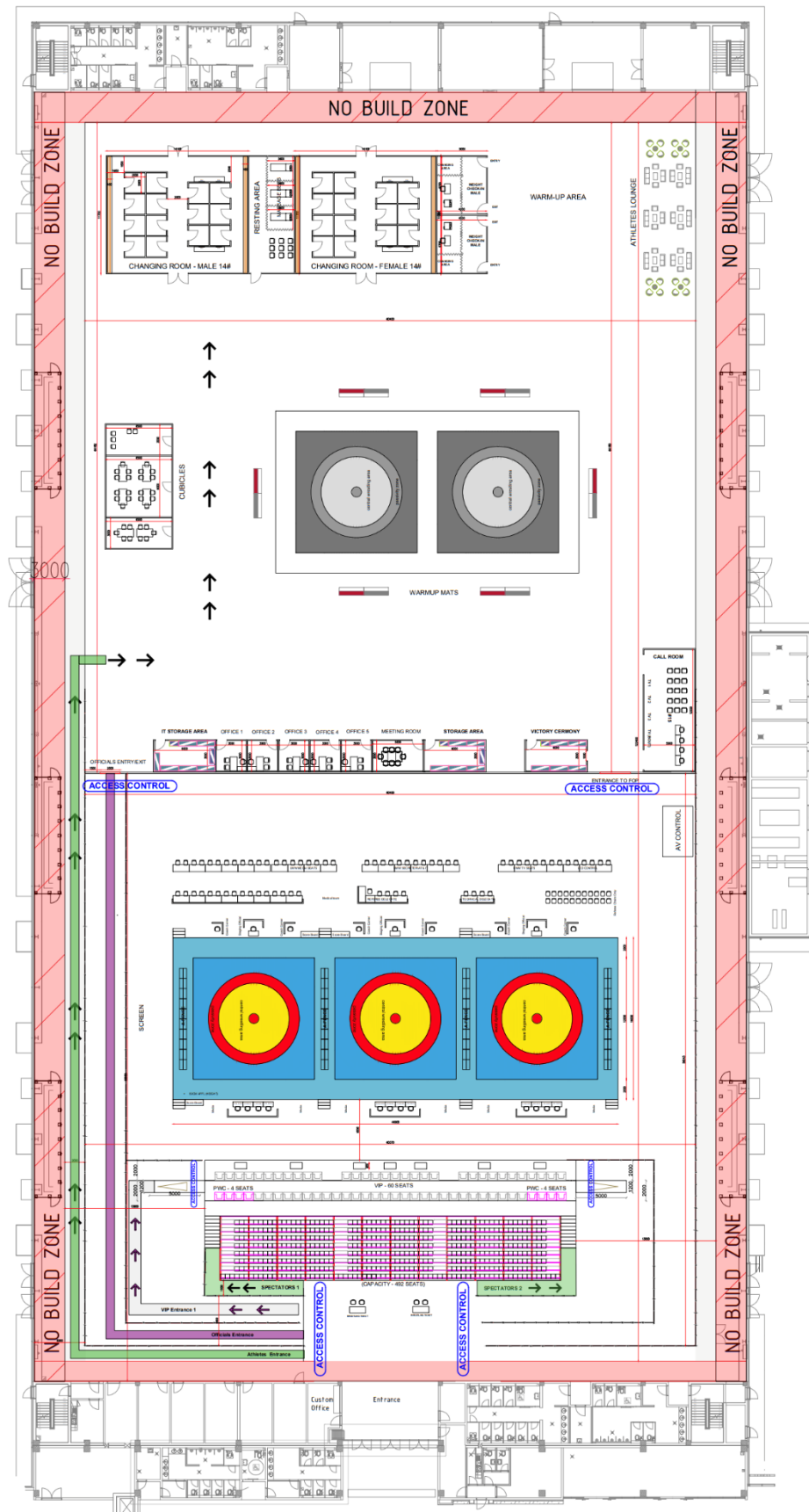
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17. Appendices

17.1 Field of Play (Freestyle)



17.2 Field of Play (Beach Freestyle)

