

# THE 5<sup>TH</sup> ISLAMIC SOLIDARITY GAMES WOMEN & MEN



**5th Islamic Solidarity Games**

**09-18 August 2022**

**Konya - TURKEY**

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# HANDBOOK Kickboxing

## Introduction

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| <b>Title</b>                     | <b>Sport Handbook-Kickboxing</b>   |
| <b>Headnote</b>                  | This document provides a summary of the requirements and technical guidelines for Kickboxing Competitions. |
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## Handbook Revision Review

| <b>Version</b> | <b>Date</b> | <b>Author</b>                 | <b>Summary Flow</b>            |
|----------------|-------------|-------------------------------|--------------------------------|
| 1.0            |             | Turkish Kickboxing Federation | First Draft                    |
| 1.1            |             | Sports Directorate            | General comments and revisions |
| 1.2            |             | ISSF                          | General comments and revisions |
| 1.3            |             | World Kickboxing Federation   | Final Version                  |

## Abbreviations and Terminology

| <b>Title</b>  | <b>Abbreviation</b> | <b>Notes</b> |
|---|---------------------|--------------|
| Islamic Solidarity Sports Federation                  | ISSF                |              |
| Turkish Kickboxing Federation                         | TKBF                |              |
| Turkish Islamic Solidarity Games Organizing Committee | TISGOC              |              |
| 5th Konya Islamic Solidarity Games                    | KONYA 2021          |              |
| National Olympic Committee                            | NOC                 |              |
| World Association of Kickboxing Organizations         | WAKO                |              |

# **TECHNICAL RULES**

## **1. COMPETITION RULES AND REGULATIONS**

**1.1** The 5<sup>th</sup> Islamic Solidarity Games Konya 2021 Kickboxing Competitions will be held in accordance with the WAKO Kickboxing Competition rules. It will be done within the framework of WAKO health rules.

**1.2** For technical issues, the decisions of the appointed delegates will be binding.

**1.3** For general issues, the competitions must be applied for according to the TISGOC Regulations and Rules.

## **2. COMPETITION MANAGEMENT**

**2.1** Competitions will be held under the authority of the ISSF, by TISGOC, in accordance with the WAKO Rules and the TKBF Rules and Regulations, and under the supervision of technical delegates.

**2.2** TISGOC will request the appointment of 10 technical delegates to be invited from WAKO.

**2.3** At the request of the WAKO organizing committee, the WAKO President, WAKO General Secretary, 2 WAKO Directors, an 8-person appeal committee, 10 international technical officials, 6 international starters (will be a Wako member) will be able to request Sport data; Accreditation – recording – scheduling – scoring – archiving technical team, 2 Photographers and 3 English speaking presenters.

**2.4** The qualified international referees and other technical officials will be appointed by WAKO and the Turkish Kickboxing Federation.

## **3. LOCATION AND COMPETITION SCHEDULE**

**3.1** Kickboxing competitions will take place between 16-18 August 2022. The competitions will be held at the Selçuklu Municipality Sports Hall.

**3.2** Competition, training and practical areas, required areas for participants and health, social and education areas requested by WAKO will be completed by the Organizing Committee 3 days before the competitions.

## **4. TECHNICAL MEETING**

**4.1** Technical meeting date and place: It will be held in the Sports Hall where the competition will be held at 17.00 on 15 August 2022.

**4.2** The meeting will be held with the participation of TISGOC officials, WAKO officials (5 people), TKBF officials (5 people), technical officials (5 people), the responsible referees for the match (5 people), the Coach and technical delegates.

## 5. COMPETITION AND PARTICIPATION

5.1 The branches, weights and categories of the countries that will participate in Konya 2021 Islamic Solidarity Games will be as follows.

| <b>BRANCHES OF RING SPORTS</b> |              |                 |              | <b>BRANCH OF TATAMI SPORTS</b> |              |
|--------------------------------|--------------|-----------------|--------------|--------------------------------|--------------|
| <b>FULL CONTACT</b>            |              | <b>LOW KICK</b> |              | <b>POINT FIGHTING</b>          |              |
| <b>MEN</b>                     | <b>WOMEN</b> | <b>MEN</b>      | <b>WOMEN</b> | <b>MEN</b>                     | <b>WOMEN</b> |
| -51 kg.                        | -48 kg.      | -51 kg.         | -48 kg.      | -57 kg.                        | -50 kg.      |
| -54 kg.                        | -52 kg.      | -54 kg.         | -52 kg.      | -63 kg.                        | -55 kg.      |
| -57 kg.                        | -56 kg.      | -57 kg.         | -56 kg.      | -69 kg.                        | -60 kg.      |
| -60 kg.                        | -60 kg.      | -60 kg.         | -60 kg.      | -74 kg.                        | -65 kg.      |
| -63,5 kg.                      | -65 kg.      | -63,5 kg.       | -65 kg.      | -79 kg.                        | -70 kg.      |
| -67 kg.                        | -70 kg.      | -67 kg.         | -70 kg.      | -84 kg.                        |              |
| -71 kg.                        |              | -71 kg.         |              | -89 kg.                        |              |
| -75 kg.                        |              | -75 kg.         |              | -94 kg.                        |              |
| -81 kg.                        |              | -81 kg.         |              | + 94 kg.                       |              |
| -86 kg.                        |              | -86 kg.         |              |                                |              |
| -91 kg.                        |              | -91 kg.         |              |                                |              |
| + 91 Kg.                       |              | + 91 Kg.        |              |                                |              |

5.2 Countries that will participate in the Islamic Solidarity Games will be represented by only one (1) athlete in the same weight, branch and category.

5.3 All athletes participating in the competitions will be the athletes of WAKO member countries.

5.4 Athletes participating in the competitions must have the nationality of the country of application and be able to present a passport when asked.

5.5 The competition schedule will be republished in detail after all applications are completed.

5.6 Athletes, trainers and referees who will participate in the competition are required to prepare the following documents for weight and registration. The weight and other documents will be published on the Sportdata web Islamic Solidarity Games page.

**a- Athletes;**

- WAKO Covid-19 Questionnaire,
- WAKO Commitment to Compliance with the Rules and Responsibility
- WAKO Medical Questionnaire
- WAKO Kickboxer Medical Control Form (Doctor Approved)
- WAKO Non-Pregnancy Declaration
- WAKO Dental Brace Certification

**b- Coaches;**

- WAKO Covid-19 Questionnaire

**c- Referees;**

- WAKO Covid-19 Questionnaire,

## WAKO Referee Medical Control Form (Doctor Approved)

**5.7** Athletes who will participate in Konya 2021 Kickboxing competitions can apply for the competition in only one branch in Ring Sports and Tatami sports. Athletes participating in Tatami Sports cannot participate in Ring Sports, and athletes participating in Ring Sports cannot participate in Tatami Sports.

**5.8** The participation branches of the athletes who apply in Konya 2021 Kickboxing competitions must be approved by the relevant country's federation. In case of any controversy during the Games, the decisions taken by the Kickboxing technical delegates appointed by WAKO will be binding.

**5.9** Seniors must be between the ages of 19 and 40. Athletes born between 1982 and 2003 will participate in the games to be held in 2022, regardless of day and month conditions.

### 6. COMPETITION FORMAT

**6.1** Weighing will be held the day before the competitions. There will be a weighing scale every day in ring sports and once in tatami sports. Athletes who are not in the weight of the application in the scale will not be accepted to the competition and there will be no transfer between the weights.

**6.2** Kickboxing Competitions will be held in the category of Seniors Men / Women Full Contact, Low Kick and Point Fighting branches.

**6.3** Competitions will be held over three rounds, 2 minutes per round (2 minutes X 3 rounds). There will be a 1-minute break between the rounds.

### 7. COMPETITION SCHEDULE

**7.1** The following table is the draft of the competition schedule. A detailed version of it will be published closer to the competition date.

| COMPETITION SCHEDULE |               |   |   |                             |
|----------------------|---------------|---|---|-----------------------------|
| DATE                 | STARTING TIME | ACTIVITY                                    | BRANCH                                  | CATEGORIES AND PARTICIPANTS |
| 15 August 2022       | 10.00 - 11.00 | Referee Meeting                             | Ring Sports                             | Official Referees           |
|                      | 11.00 - 12.00 | Referee Meeting                             | Tatami Sports                           |                             |
|                      | 13.30 - 17.00 | Weighing                                    | Full Contact- Low Kick - Point Fighting | Seniors                     |
|                      | 17:00         | Technical Meeting and Drawing               | Ring and Tatami Sports                  | All Participants            |
| 16 August 2022       | 10.00 - 12.30 | Elimination                                 | Ring and Tatami Sports                  | Seniors                     |
|                      | 12.30 - 14.00 | Lunch Break                                 |   |                             |
|                      | 14.00 - 18.00 | Elimination                                 | Full Contact- Low Kick – Point Fighting | Seniors                     |
| 17 August 2022       | 07:00 - 08:00 | Control Weighing ( Full Contact- Low Kick ) |   | Seniors                     |
|                      | 10.00 - 12.30 | Semi Final                                  | Full Contact- Low Kick - Point Fighting | Seniors                     |
|                      | 12.30 - 14.00 | Lunch Break                                 |   |                             |
|                      | 14.00 - 18.00 | Semi Final                                  | Full Contact- Low Kick - Point Fighting | Seniors                     |
| 18 August 2022       | 07:00 - 08:00 | Control Weighing ( Full Contact- Low Kick ) |   | Seniors                     |

|               |                    |   |         |
|---------------|--------------------|---|---------|
| 10.00-12.30   | Semi Final - Final | Full Contact- Low Kick - Point Fighting | Seniors |
| 12.30 - 14.00 | Lunch Break        |   |         |
| 14.00 - 18.00 | Finals             | Full Contact- Low Kick - Point Fighting | Seniors |

## **8. EQUIPMENT**

**8.1** All equipment to be used in Kickboxing competitions must be the approved ones in the WAKO list.

## **9. COMPETITION PROTECTOR AND CLOTHING**

**9.1** Competition Protective materials must be the approved ones by WAKO for men and women and Topten and Adidas-branded. (Kickboxing Gloves, Helmet, Shin Guard Protector, Boots, Bandage, Gum Shield etc.)

**9.2** Competition clothes must be the Kickboxing clothes determined by WAKO.

**9.3** No advertisements will be permitted on kickboxers' clothing.

## **10. MEDALS, CERTIFICATES AND AWARD CEREMONY**

**10.1** As a result of the competitions, all Coaches, referees and officials will be awarded a certificate of participation.

**10.2** For the first-placed kickboxers; Gold medal and certificate  
For the second-placed kickboxers; Silver medal and certificate  
For the third-placed kickboxers; Bronze medal and certificate

**10.3** All athletes between the 4th and 8th places will be awarded certificates.