
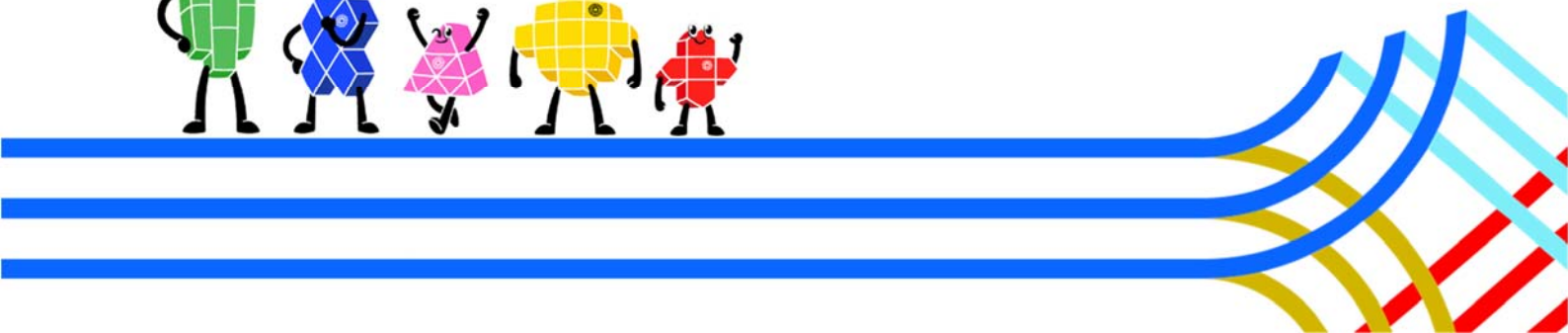



Technical Handbook

The 33rd SEA Games Thailand 2025



MODERN PENTATHLON



General Information



Technical Part



Sport Information

I. Sports Federation

A. Union Internationale de Pentathlon Moderne (UIPM)

President	Mr. Rob Stull
Secretary General	Mrs. Shiny Fang
Address	UIPM Headquarters, Stade Louis II - Entrée C 19 avenue des Castelans MC-98000 Monaco
Telephone	+377 97 77 85 55
Email	uipm@pentathlon.org
Website	www.uipmworld.org

B. Asian Modern Pentathlon Confederation (AMPC)

President	Mr. Hanjoon Lee
Secretary General	Mr. Sangkeong Yeo
Address	AMPC Headquarters, 4F Weight Lifting Stadium 424 Olympic-ro Songpa-gu Seoul, Korea
Telephone	+82 2 423 3056
Email	amcpentathlon@gmail.com

C. Modern Pentathlon Association of Thailand (MPAT)

President	Adm. Apiwat Srivardhana
Secretary General	Mr. Pinyo Tolieng
Address	Modern Pentathlon Association of Thailand No.2/9 Nantasawadikarn Building (2nd floor) Itsaraphab Road, Ban Chang Lo, Bangkok Noi District, Bangkok 10700 Thailand.
Telephone	+66(0) 2411 5664
Email	mpat0757@gmail.com
Website	www.thaipentathlon.com

II. Technical Delegate (TD)

Name	Mr. Zhenhua Qian
Telephone	+86 138 0164 5212
Email	458208919@qq.com

III. Competition Manager (CM)

Name	Capt. Suriyan Samranjai
Telephone	+66 89 035 2880
Email	ssamranjai@yahoo.com

IV. Venue Manager (VM)

Name	Radm. Anan Surawan
Telephone	+66 98 468 6541
Email	PSL2557@gmail.com



1. Dates

The **Modern Pentathlon (MPN)** competition for the 33rd SEA Games Thailand 2025 will be held from **17 to 19 December 2025**

Competition Dates: 17 to 19 December 2025

Training Date: 16 December 2025

2. Venues

The Modern Pentathlon competition will be held at Chonburi which consist of a competition venue and a training venue as follow:

- Competition venue: The Beach of the Pattaya City, Banglamung District, Chonburi Province, Thailand
- Training venue: The Beach of the Pattaya City, Banglamung District, Chonburi Province, Thailand

3. Event

The Modern Pentathlon competition will consist of **six (6) events** consist of

- **Three (3) men's events**
- **Three (3) women's events**

Six (6) Events			
Discipline / Events	MEN	WOMEN	MIXED
1. Laser Run			
1.1 Men's Individual	√		
1.2 Women's Individual		√	
2. Triathle (Swimming, Laser Shooting, Running)			
1.1 Men's Individual	√		
1.2 Women's Individual		√	
3. Obstacle Laser Run			
1.1 Men's Individual	√		
1.2 Women's Individual		√	
Total	3	3	

- Note:**
1. Each NOC may enter a maximum of twelve (12) Athletes, including six(6) male and six (6) female athletes for the Modern Pentathlon Competition.
 2. Each NOC may enter a maximum of two (2) athletes for each Men and Women individual event.
 3. Athletes must be 14 years of age and over (year of birth 2011 or earlier).

Discipline Description:
1. Laser Run

Laser Run is a UIPM sport combining Running and Laser Shooting. UIPM Laser Run competitions are organized nationally and internationally. All competitions can be organized on any surface (grass, sand, asphalt etc.).

2. Obstacle Laser Run

Obstacle Laser Run is a UIPM sport consisting of three of the five Modern Pentathlon disciplines: Obstacle and Laser Run (running and laser shooting). The competition starts from obstacle event in which the competitors achieve points according to their performance's time; it is followed by the last event: Laser Run with a handicap start based on the competitors' points from the previous obstacle event. Competitors set off at intervals that correspond in seconds to the point's difference between themselves and the athlete in front. The first athlete across the finish line is the overall winner. Eight (8) obstacles on the course of 70m in length with two lanes will be used. The obstacles will be set up in accordance with the UIPM Competition Rules updated for 2025 season as listed below.

	Obstacles
1	Steps
2	Big Wheel
3	Tilting Ladders
4	Over – Under – Through
5	Wheels
6	Giant Steps
7	Rings
8	Finish Wall

Drawings can be found inside the 2025 UIPM Modern Pentathlon Competition rules.

3. Triathlon (Swimming, Laser Shooting, Running)

Triathlon is a UIPM sport combining the discipline Shooting, Swimming, and Running. Triathlon competitions are organized nationally and internationally. All competitions can be organized on any surface (grass, sand, asphalt etc.).

4. Competiton and Training Schedule

4.1 Competition Schedule

Date	Time	Discipline / Event	Remarks
17 December 2025	Discipline: Laser Run		
	16:00	Women's Individual	Final
	17:00	Men's Individual	Final
18 December 2025	Discipline: Triathlon (Swimming, Laser Shooting, Running)		
	16:00	Women's Individual	Final
	17:00	Men's Individual	Final
19 December 2025	Discipline: Obstacle Laser Run		
	16:00	Women's Individual	Final
	17:00	Men's Individual	Final

Note: 1. The schedule for the Beach Triathlon is subject to change based on the optimal tide conditions.
 2. The Beach Laser Run will be always scheduled prior to Obstacle Laser Run.

4.2 Training Schedule

There will be a practice session on 16 December 2025, from 9:00 to 21:00, at the Beach of Pattaya City, Banglamung District, Chonburi Province. Please note that the training schedule is subject to change.

5. Entries

5.1 Eligibility

- 5.1.1 Only SEAGF member NOCs are entitled to send athletes to participate in the Modern Pentathlon competition of the 33rd SEA Games Thailand 2025
- 5.1.2 Only athletes who comply with the Modern Pentathlon Competition Rule, the SEAGF Charter and Rules as well as Rule 40 and the By-law to Rule 40 of the Olympic Charter (Participation in the Games).
- 5.1.3 Only nationals of the country of the National Olympic Committee (NOC) shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the SEAGF Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of competitors).
- 5.1.4 For eligibility matters, in the event of any conflict or inconsistency between the South East Asian Games Federation (SEAGF) Charter, THASOC and UIPM, the latter shall prevail.
- 5.1.5 All athletes and officials are required to provide proof of insurance that covers accidents and injuries sustained during modern pentathlon competitions.

5.1.6 Athletes must be 14 years of age and over (year of birth 2011 or earlier).

5.1.6 Athletes participating in obstacle sports must execute a waiver/quitclaim whereby they assume risks inherent or incidental to obstacle sports, and which releases specified parties from any liability, waives their legal rights, and deprives them of their right to sue.

5.2 Entry Policies

5.2.1 Each NOC may enter a maximum of twelve (12) Athletes, including six (6) male and six (6) female athletes for the Modern Pentathlon Competition.

5.2.2 Each NOC may enter a maximum of two (2) athletes for each individual event.

5.2.3 Athletes must be 14 years of age and over (year of birth 2011 or earlier).

*** NOCs that withdraw their athletes after the submission of the final entries by name, will be faced with disciplinary action by the SEAGF Charter and Rules.

6. Submission of Entries

- Entry Form by Sport: Deadline 2 May 2025 at 24.00 (Bangkok time)
- Entry Form by Number: Deadline 12 June 2025 at 24.00 (Bangkok time)
- Entry Form by Name: Deadline 1 September 2025 at 24.00 (Bangkok time)

All Entry Form by Sport, Entry Form by Number and Entry by Name may be sent via Game Management System (GMS) and subsequently confirmed with stamped original, then upload to the system.

If you need any assistant, please contact us:

The 33rd SEA Games Thailand 2025 Organizing Committee

Address: THASOC OFFICE, Sports Authority of Thailand
286 Ramkhamhaeng Road, Huamark, Bangkok, Bangkok 10240
THAILAND

Email: sports.thasoc@gmail.com, a.sportsdirector@gmail.com,
thaisoc2025@gmail.com,

Tel: +66 92 509 5644

7. Pre-Competition: Team Managers and Officials Meetings

7.1 Technical Meeting

Date: 16 December 2025

Time: 19:00

Venue: Official Hotel Meeting room



7.2 Technical Officials' Meeting

Date: 16 December 2025
Time: 20:00
Venue: Official Hotel Meeting room

7.3 Course, Equipment and Uniform Check

Date: 16 December 2025
Time: 09:00
Venue: Official Hotel Meeting room

7.4 Laser Pistol Visual Check

Date: 16 December 2025
Time: 16:00
Venue: Official Hotel Meeting room

8. General Rules and Regulations

8.1 Rules

8.1.1 Eligibility Code (SEAGF 30)

To be eligible for participation in the SEA Games, a competitor must comply with the Federation's rules, regulations and by-laws, including this Charter and Rules, in particular in relation to eligibility and nationality, as well as the related provisions in the Olympic Charter, and the rules, regulations and by-laws for participation in the Olympic Games."

8.1.2 Nationality of Competitor (SEAGF 31)

Only nationals of the country of the NOC who are holding current valid national passports of the country of that Member-NOC shall be qualified and eligible to represent the Member-NOC in the SEA Games. All disputes relating to the determination of the country which a competitor may represent in the SEA Games shall be decided by the Arbitration Panel established under this Charter and Rules, in accordance with the Federation's rules, regulations and by-laws, including this Charter and Rules, relating to eligibility and nationality."

8.1.3 Number of Entries (SEAGF 34.3, 37)

- a) A minimum of four (4) NOCs must register to participate by the respective closing date of both the Entry by Number and the Entry by Name registration in a sport or discipline or team event and in the case of an individual event, a minimum of three (3) NOCs must register to participate by the closing date of both the Entry by Number and Entry by Name registration, for it to be included in the SEA Games programme. For the avoidance of doubt:
 - A doubles event shall be considered an individual event.
 - There shall be no waiver of this Rule on minimum entry."

- b) The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:
- For individual events, including singles and doubles events, there shall only be two (2) entries from each NOC (without reserves) EXCEPT for the sports with weight category, such as all martial arts and combat sports, Body-building, Weightlifting, etc., where there shall only be one (1) entry per weight category or per event from each NOC; and for the sport of Sailing, where there shall only be one (1) entry per event from each NOC.
 - For team events, there shall be one (1) team per NOC, and the number of reserves shall not exceed the number of players allowed by the International Federation.
 - For all events where individual competitions are conducted, the competitors for any one (1) NOC cannot win more than two (2) medals in the respective individual events.
 - No Federation Member-NOC, including the Host NOC or the Organizing Committee of any SEA Games, is allowed to limit the participation of any other Federation Member-NOC or any athlete from participating in any sport, discipline or event solely on the ground or for any reason of limitation of participation.”

8.1.4 International Sport Federation

Union Internationale de Pentathlon Moderne (UIPM)

8.1.5 Asia Continental Sport Federation

Asian Modern Pentathlon Confederation (AMPC)

8.1.6 Technical Officials and Jury of Appeal (SEAGF 41)

- a) The necessary technical officials, referees, judges, umpires, timekeepers, inspectors and other technical officials (collectively “International Technical Officials” or ITOs”) and a Jury of Appeal for each sport in such number as shall be determined by the Host NOC or the Organizing Committee, shall be appointed by the Host NOC or Organizing Committee in consultation with the appropriate IF/AF and in cooperation with the respective National Federation of the Host NOC or local sport official/representative. All such ITOs and Jury of Appeal officials approved and appointed by the Host NOC or Organizing Committee shall be referred collectively as “IF/AF International Technical Officials” or IF/AF ITOs” and “Jury of Appeal” accordingly.
- b) The Organizing Committee shall pay for the air or international travel (based on best economy fare to the host city), accommodation (equivalent to a hotel of at least a 3-star internationally accepted rating, based on twin-

share basis except for single rooms for Technical Delegates, Chief Umpires and Chief Scorer), meals, official local transport expenses and a per diem only of the IF/AF ITOs and Jury of Appeal officials at the established rates of the Organizing Committee starting from within than two (2) days before the start of the first event of the sport or discipline concerned until one (1) day after the end of the competition of the last event of that sport or discipline.

- c) In approving and appointments of ITOs and Jury of Appeal members, all IF and or AF concerned must give priority, first to the appointment of qualified ITOs and Jury of Appeal members who reside within the South East Asian (SEA) region, and second, to those who reside within the Asian continent, before appointing any ITOs or Jury of Appeal members from outside the SEA region or Asia continent.
- d) No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury of Appeal shall be communicated as soon as possible to the Federation Office, Host NOC, Organizing Committee and Executive Committee.
- e) Technical officials and members of the Jury of Appeal may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their accommodation, including board and local transport facilities at such established rates of the Organizing Committee.
- f) The Jury of Appeal's decision(s) on all technical questions concerning its respective sport or of disciplinary nature is/are final. Such decision shall, however, be without prejudice to any further penalty and or sanction, which may be imposed by the Executive Committee.
- g) The Jury of Appeal shall be composed of a Chairperson (who shall be the Technical Delegate) and not more than two (2) other representatives as Jury of Appeal members, who shall be appointed by the IF/AF from amongst the IF/AF ITOS and or IF/AF representative(s) present at the Games.
- h) In the event of a dispute or protest relating to technical questions concerning its respective sport, discipline and or event, or competition or any matter that is disciplinary in nature, that is referred to a relevant Jury of Appeal, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest must NOT participate in the deliberations and or decision making and cannot vote in the resolution of the dispute or protest.
- i) Any NOC dissatisfied with any decision of any Jury of Appeal (except decisions concerning matters of fact and judgment calls where no appeal is allowed) may refer his/her appeal to the Panel of Arbitrators

8.1.7 Arbitration Panel (SEAGF 42)

The Arbitration Panel shall deliberate and decide finally on all questions concerning the SEA Games or s, protests or appeals (including on any violation of anti-doping code, rules or regulations) from any sport, discipline or event or any disputes arising from or related to the SEA Games. NOCs or the Organizing Committee may also submit question or any matter related to the SEA Games to the Arbitration Panel for determination. Further, the Arbitration Panel may intervene in and determine all questions of non-technical nature outside the jurisdiction of the Jury of Appeal set up for each sport, discipline or event in the Games programme.

8.1.8 Penalty in case of Fraud (SEAGF 44)

A competitor proved to have fraudulently transgressed or breached any provisions of the Charter, Rules, Regulations or By-laws of the Federation shall be disqualified and lose any position or medal he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport concerned.

9. Competition Rules and Regulations

9.1 Competition Rules

The Modern Pentathlon Competition of the 33rd SEA Games Thailand 2025 will be held in accordance with the current UIPM 2025 Modern Pentathlon Rules and Equipment Regulations (<https://www.uipmworld.org/uipm-rules-and-regulations>), in force during the Games time.

Competition Rules and Regulations under the guidance of the Technical Delegate (TD) appointed by UIPM.

In case of any disagreement in language interpretation of the UIPM, Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the UIPM Rules and Regulations shall be resolved as follows:

9.1.1 General Issues: To be resolved in accordance with the SEAGF Charter and Rules.

9.1.2 Technical Issues: To be resolved in accordance with UIPM 2025 Modern Pentathlon Competition Rules and Regulations and UIPM Norms.

9.2 Competitional Format

Competitions will be conducted in one (1) round, namely final round.

9.3 Competition Policy

Only the best ranked athletes per NOC will be allowed to receive a medal. For instance, if two (2) athletes from the same NOC are the first and second placers, the second

placer time will be recorded, but he or she will not be entitled to the silver medal. The silver medal will be awarded to the athlete with the third fastest time.

9.4 Protests and Appeals

Protests will be evaluated by the Jury of Appeal in accordance with the UIPM Modern Pentathlon Rules and Equipment Regulations.

9.5 Delays, Postponement or Cancellations

The Technical Delegate must consult the THASOC Secretariate if there is any delay, postponement or cancellation of any competition that affects the scheduled times for “live boardcast” or victory ceremonies.

9.6 UIPM Reference

9.6.1 UIPM Modern Pentathlon Rules and Equipment Regulations 2025

<https://www.uipmworld.org/uipm-rules-and-regulations>

9.6.2 UIPM Triathlon Competition rules and Laser Run guidelines

<https://www.uipmworld.org/uipm-rules-and-regulations>

9.6.3 UIPM uniform guideline

<https://www.uipmworld.org/uipm-rules-and-regulations>

10. Technical Officials and Jury of Appeal

The appointments of Technical Officials and Jury of Appeal members will be in accordance with Article 41 of the SEAGF Charter and Rules.

10.1 International Technical Officials (ITOs)

TBA

10.2 Referees

TBA

10.3 National Technical Officials (NTOs)

The MPAT will appoint such number of National Technical Officials who certified during a seminar in 2025 as may be approved by THASOC to assist the International Technical Officials.

10.4 Jury of Appeal

The Jury of Appeal shall comprise of the members of the event Technical Committee. The Technical Delegate will act as its chairman. The decision of the Jury of Appeal shall be final.



11. Official Equipment and Competition Attire

11.1 General

11.1.1 Athletes representing the same NOC must wear identical uniforms in accordance with the UIPM Competition Rules, the UIPM Uniform Guidelines and the compliance with SEAGF Charter Rules.

11.1.2 For awards ceremonies, athletes are required to wear the official NOC tracksuit, as specified in the UIPM Uniform Guidelines.

11.2 Sports Equipment

All sports equipment used by athletes in competition must comply with the SEAGF Charter

12. Media Interview

12.1 All athletes should pass through the Mixed Zone as directed by the Media Officer.

12.2 Athletes and/or coaches should attend press conference and interview requests for them.

13. Prizes and Commendations

- Medals to the winners of the SEAGF Games shall be presented by the SEAGF President. The President may delegate this privilege to other members of the SEAGF, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner.
- The competitors who have been judged first, second and third shall take their places, in their sports uniforms, on a stand on the field facing the Tribune of Honour, with the winner slightly above the second who is on their right and the third who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag-pole and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three winners/winning teams shall turn towards the flags.
- The medal presentations shall be as per the following order:
 - Gold Medal – to the first-place winner.
 - Silver Medal – to the second-place winner.
 - Bronze Medal – to the third-place winner.
- All medalists must wear their respective NOC official uniform.
- No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn, e.g., shoes and clothing which must be in accordance with the SEAGF commercial guidelines.
- No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board EB including disqualification, withdrawal

of medals, certificates, accreditation, rankings and the like.

- Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material. by any athlete during the Victory Ceremony or during the Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB.
- Victory, medals and diploma certificates, shall be in strict compliance with the SEAGF Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the SEAGF for its approval.

14. Victory Ceremonies

The medals may be presented by the board members of the Member-NOCs participating in the particular sport, discipline or event (with priority being given to those with medal winners) and or Guests of Honor of the Federation, and such victory ceremonies, if possible, shall take place immediately after the event at a place where the competition took place and in the following manner:

- The competitors who have been judged first, second and third shall take their places, in their sport attire or NOC designated attire, on a stand facing the Tribune of Honor, with the winner slightly above the second who is on his/her right, and the third who is on his/her left.
- The flag of the country of the winner shall be hoisted on the central flagpole or screen and those of the second and third on adjoining flagpoles or screen on the right and left as they face the arena. Meanwhile, the National Anthem of the country of the winner is played and the competitors and spectators shall face the flags.

15. Medical Code (SEAGF 33)

- The Host NOC and Organizing Committee of the SEA Games will ensure the health of all athletes and other participants during the SEA Games.
- Anti-Doping Rule Violations as defined by the World Anti-Doping Agency (WADA) Code is forbidden.
- All competitors shall be subject, during the Games, to doping control initiated by the Federation at any time or place, carried out in conformity with the WADA Code and its respective International Standards, as elaborated in the SEA Games Anti-Doping Rules.
- Competitors in sports restricted to women must comply with the prescribed tests for disorders of sexual determination when so needed.
- Any competitor refusing to submit to doping control or who is found guilty of any Anti-Doping Rule violation shall be excluded from the SEA Games.
- The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- A medal may be withdrawn by order of the Executive Committee or the Council on

the recommendation of the Chairperson of the Anti-Doping Committee when an athlete is found guilty of a violation under the SEA Games Anti-Doping Rules and or the WADA Code.

- The Anti-Doping Committee shall manage and implement the doping test programme for the SEA Games to which it was appointed for in accordance with WADA requirements, and implement the SEA Games Anti-Doping Rules and WADA Code.
- The SEA Games Anti-Doping Rules and Regulations shall in no way affect further and or other sanctions by the relevant International Federation, WADA and or any other relevant national, regional, continental, international or world organizations or bodies.
- All competitors and officials are also subject to, and shall comply with the respective anti-gaming and manipulation, and harassment and abuse, and safeguarding rules, regulations, codes and guidelines of the respective Federation Member-NOC, IOC, OCA, SEAGF, the respective IF and or AF of the sport concerned.
 - a) Any competitor or team official refusing to submit thereto or found guilty of any violation or offence thereunder shall be excluded from the SEA GAMES.
 - b) A medal may be withdrawn by order of the Executive Committee or the Council on the recommendation of the Arbitration Panel when an athlete is found guilty of any violation or offence thereunder.”

16. Doping Control

The 33rd SEA Games Thailand 2025 Organizing Committee, shall establish the SEAGF Anti-Doping Committee, which shall, under the guidance of the SEAGF and working with the SEAGF Office, be responsible for the Anti-Doping program for the 33rd SEA Games Thailand 2025. The Anti-Doping program will be run in accordance with the SEAGF Anti-Doping Rules and the WADA International Standard for Testing and Investigation. Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA. Both urine and blood tests will be conducted before and during the competition to ensure compliance.

Athletes requiring the use of a Prohibited Substance or Prohibited Method during the event must apply for a Therapeutic Use Exemption (TUE) through the SEAGF Anti-Doping Committee by the specified deadline (TBC). If an athlete has already been granted a TUE by their National Anti-Doping Organization or International Federation, the SEAGF Anti-Doping Committee will recognize it.

17. Approval of the Technical Handbook

This Technical Handbook was approved by the Union Internationale de Pentathlon Moderne (UIPM) on 22 April 2025.

Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.