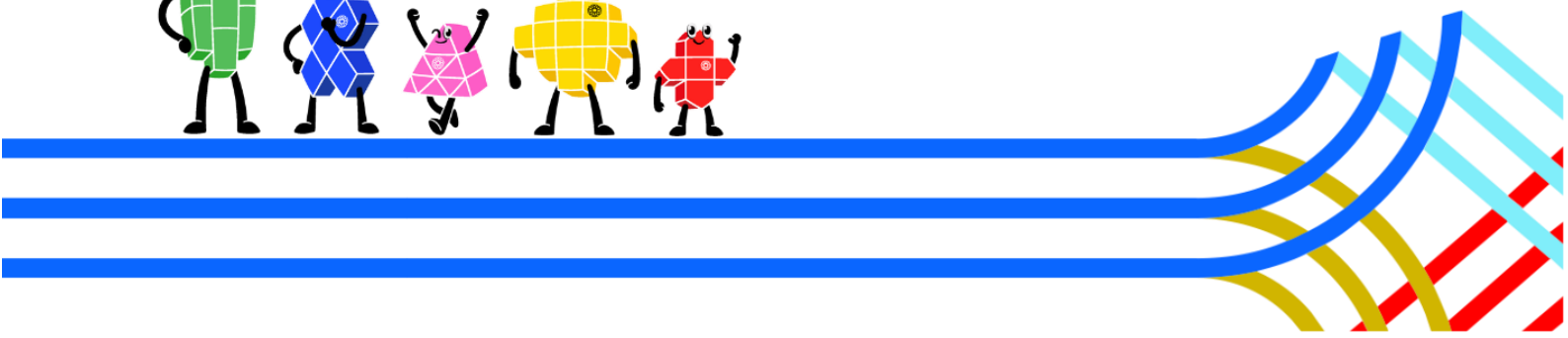
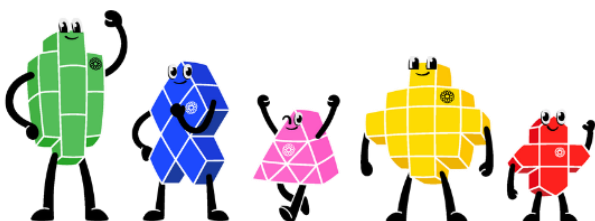
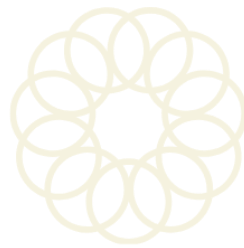


Technical Handbook

The 33rd SEA Games Thailand 2025



TUG OF WAR



General Information



Technical Part



Sport Information

I. Sports Federation

A. Asian Tug of War Federation (ATWF)

Secretary General	Madan Mohan
Address	Padepokan Tug of War India, TMII
Telephone	N/A
Email	tugofwarasia@gmail.com, hsgmla@gmail.com

B. South East Asia Tug of War Federation (SEATWF)

President	Alounkeo Kittikhoun
Secretary General	Kayasith Tavingnane
Address	Kamphengmeuang Road, Phonthan Village Saysettha District Vientiane Capital Lao PDR
Telephone	N/A
Email	Kayasith.tavingnane@ptliholding.com

C. Tug of War Thailand Association (TWTA)

President	Naris Singwangcha
Secretary General	Amnat Oumkan
Address	Sports Authority of Thailand 286 Chalermprakiat Building, 21st Floor, Ramkhamhaeng Rd., Huamark, Bangkok, Bangkok 10240
Telephone	02-136-1834
Email	twtathailand@gmail.com



II. Technical Delegate (TD)

Name	Alounkeo Kittikhoun
Telephone	N/A
Email	Kayasith.tavingnane@ptlholding.com

III. Competition Manager (CM)

Name	Suchart Jaesuraphap
Telephone	+6687 454 9888
Email	twtathailand@gmail.com

IV. Venue Manager (VM)

Name	Panya Prachakorn
Telephone	+66942499873
Email	panyaboxing@gmail.com



1. Dates

The **Tug of War (TOW)** competition for the 33rd SEA Games Thailand 2025 will be held from **15 to 17 December 2025**.

Competition Dates: 15 to 17 December 2025

Training Date: 15 December 2025

2. Venues

The Tug of War competition venue will be held at Multi-purpose Venue, Sports authority of Thailand which serves for two (2) purpose as follow:

- The competition field-of-play (FOP)
- The training – warm up field

3. Event

The Tug of War competition will consist of **five (5) events** consist of

- **Two (2) men's events**
- **Two (2) women's events**
- **One (1) mixed's event**

Five (5) Events			
Discipline / Events	MEN	WOMEN	MIXED
1. Men's 300 kg (4 Pullers)	√		
2. Men's 600 kg (8 Pullers)	√		
3. Women's 250 kg (4 Pullers)		√	
4. Women's 500 kg (8 Pullers)		√	
5. Mixed 560 kg (4x4 Pullers)			√
Total	2	2	1

- Note:**
1. Each NOC may enter a maximum of thirty-four (34) Pullers including seventeen (17) male and seventeen (17) female Pullers for the Tug of War competition.
 2. Each NOC may enter a maximum of one (1) team per event.

4. Competition and Training Schedule

4.1 Competition Schedule

Day 1 (15 December 2025) – All participating country teams arrival

Day 2 (16 December 2025) – Competition Day

Day 3 (17 December 2025) – All participating country teams departure



4.2 Training Schedule

Morning	09.00 – 11.00 am.
Afternoon	13.00 – 15.00 pm.
Early Evening	16.00 – 18.00 pm.

5. Entries

5.1 Eligibility

- 5.1.1 Only SEAGF member NOCs are entitled to send athletes to participate in the Tug of War competition of the 33rd SEA Games Thailand 2025
- 5.1.2 Only nationals of the country of the National Olympic Committee (NOC) shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the SEAGF Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of competitors).
- 5.1.3 To be eligible for participation in the 33rd SEA Games, a competitor must comply with Rules and Regulations of (SEATWF) and (ATWF) in the competition Only nationals/citizens of the country of the National Olympic Committee (NOC) and represent his/her national federation shall eligible to represent his/her country during the Southeast Asia (SEA) Games.
- 5.1.4 A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental and South East Asian continental regional or world championships recognized by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality.
- 5.1.5 This competition shall be organized as an open class with no age restrictions, in accordance with the rules and regulations of the SEATWF and ATWF.

5.2 Entry Policies

- 5.2.1 Each NOC may enter a maximum of thirty-four (34) Pullers for the Tug of War Competition as follow:
- Seventeen (17) male Pullers.
 - Seventeen (17) female Pullers.
- 5.2.2 Each NOC may enter Pullers in each event as follow:
- Men's 300 kg - A maximum of four (4) male Pullers in the competition.
 - Men's 600 kg - A maximum of nine (9) male Pullers and one (1) Reserve in the competition.
 - Women's 250 kg - A maximum of four (4) female Pullers in the competition.
 - Women's 500 kg - A maximum of nine (9) female Pullers and one (1)

Reserve in the competition.

- Mixed 560 kg - A maximum of four (4) male and four (4) female Pullers in the competition.

5.2.3 Each NOC may enter a maximum of one (1) team in each event.

*** NOCs that withdraw their Pullers after the submission of the final entries by name, will be faced with disciplinary action by the SEAGF Charter and Rules.

6. Submission of Entries

- Entry Form by Sport: Deadline 2 May 2025 at 24.00 (Bangkok time)
- Entry Form by Number: Deadline 8 May 2025 at 24.00 (Bangkok time)
- Entry Form by Name: Deadline 1 September 2025 at 24.00 (Bangkok time)

All Entry Form by Sport, Entry Form by Number and Entry by Name may be sent via Game Management System (GMS) and subsequently confirmed with stamped original, then upload to the system.

If you need any assistant, please contact us:

The 33rd SEA Games Thailand 2025 Organizing Committee

Address: THASOC OFFICE, Sports Authority of Thailand
286 Ramkhamhaeng Road, Huamark, Bangkok, Bangkok 10240
THAILAND

Email: sports.thasoc@gmail.com, a.sportsdirector@gmail.com,
thaisoc2025@gmail.com,

Tel: +66 92 509 5644

7. Pre-Competition: Team Managers and Officials Meetings

7.1 Technical Official Meeting

Date: 15 December 2025

Time: 10.00 am.

Venue: Tug of War Thailand Association

7.2 Team Manager Meeting

Date: 15 December 2025

Time: 17.00 pm.

Venue: Hotel



8. General Rules and Regulations

8.1 Rules

8.1.1 Eligibility Code (SEAGF 30)

To be eligible for participation in the SEA Games, a competitor must comply

with the Federation's rules, regulations and by-laws, including this Charter and Rules, in particular in relation to eligibility and nationality, as well as the related provisions in the Olympic Charter, and the rules, regulations and by-laws for participation in the Olympic Games."

8.1.2 Nationality of Competitor (SEAGF 31)

Only nationals of the country of the NOC who are holding current valid national passports of the county of that Member-NOC shall be qualified and eligible to represent the Member-NOC in the SEA Games. All disputes relating to the determination of the country which a competitor may represent in the SEA Games shall be decided by the Arbitration Panel established under this Charter and Rules, in accordance with the Federation's rules, regulations and by-laws, including this Charter and Rules, relating to eligibility and nationality."

8.1.3 Number of Entries (SEAGF 34.3, 37)

- a) A minimum of four (4) NOCs must register to participate by the respective closing date of both the Entry by Number and the Entry by Name registration in a sport or discipline or team event and in the case of an individual event, a minimum of three (3) NOCs must register to participate by the closing date of both the Entry by Number and Entry by Name registration, for it to be included in the SEA Games programme. For the avoidance of doubt:
 - A doubles event shall be considered an individual event.
 - There shall be no waiver of this Rule on minimum entry."
- b) The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:
 - For individual events, including singles and doubles events, there shall only be two (2) entries from each NOC (without reserves) EXCEPT for the sports with weight category, such as all martial arts and combat sports, Body-building, Weightlifting, etc., where there shall only be one (1) entry per weight category or per event from each NOC; and for the sport of Sailing, where there shall only be one (1) entry per event from each NOC.
 - For team events, there shall be one (1) team per NOC, and the number of reserves shall not exceed the number of players allowed by the International Federation.

- For all events where individual competitions are conducted, the competitors for any one (1) NOC cannot win more than two (2) medals in the respective individual events.
- No Federation Member-NOC, including the Host NOC or the Organizing Committee of any SEA Games, is allowed to limit the participation of any other Federation Member-NOC or any athlete from participating in any sport, discipline or event solely on the ground or for any reason of limitation of participation.”

8.1.4 Asian Sport Federation

Asian Tug of War Federation (ATWF)

8.1.5 South East Asia Sport Federation

South East Asia Tug of War Federation (SEATWF)

8.1.6 Technical Officials and Jury of Appeal (SEAGF 41)

- a) The necessary technical officials, referees, judges, umpires, timekeepers, inspectors and other technical officials (collectively “International Technical Officials” or ITOs”) and a Jury of Appeal for each sport in such number as shall be determined by the Host NOC or the Organizing Committee, shall be appointed by the Host NOC or Organizing Committee in consultation with the appropriate IF/AF and in cooperation with the respective National Federation of the Host NOC or local sport official/representative. All such ITOs and Jury of Appeal officials approved and appointed by the Host NOC or Organizing Committee shall be referred collectively as “IF/AF International Technical Officials” or IF/AF ITOs” and “Jury of Appeal” accordingly.
- b) The Organizing Committee shall pay for the air or international travel (based on best economy fare to the host city), accommodation (equivalent to a hotel of at least a 3-star internationally accepted rating, based on twin-share basis except for single rooms for Technical Delegates, Chief Umpires and Chief Scorer), meals, official local transport expenses and a per diem only of the IF/AF ITOs and Jury of Appeal officials at the established rates of the Organizing Committee starting from within than two (2) days before the start of the first event of the sport or discipline concerned until one (1) day after the end of the competition of the last event of that sport or discipline.
- c) In approving and appointments of ITOs and Jury of Appeal members, all IF and or AF concerned must give priority, first to the appointment of qualified ITOs and Jury of Appeal members who reside within the South East Asian (SEA) region, and second, to those who reside within the Asian continent, before appointing any ITOs or Jury of Appeal members from outside the SEA region or Asia continent.

- d) No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury of Appeal shall be communicated as soon as possible to the Federation Office, Host NOC, Organizing Committee and Executive Committee.
- e) Technical officials and members of the Jury of Appeal may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their accommodation, including board and local transport facilities at such established rates of the Organizing Committee.
- f) The Jury of Appeal's decision(s) on all technical questions concerning its respective sport or of disciplinary nature is/are final. Such decision shall, however, be without prejudice to any further penalty and or sanction, which may be imposed by the Executive Committee.
- g) The Jury of Appeal shall be composed of a Chairperson (who shall be the Technical Delegate) and not more than two (2) other representatives as Jury of Appeal members, who shall be appointed by the IF/AF from amongst the IF/AF ITOS and or IF/AF representative(s) present at the Games.
- h) In the event of a dispute or protest relating to technical questions concerning its respective sport, discipline and or event, or competition or any matter that is disciplinary in nature, that is referred to a relevant Jury of Appeal, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest must NOT participate in the deliberations and or decision making and cannot vote in the resolution of the dispute or protest.
- i) Any NOC dissatisfied with any decision of any Jury of Appeal (except decisions concerning matters of fact and judgment calls where no appeal is allowed) may refer his/her appeal to the Panel of Arbitrators

8.1.7 Arbitration Panel (SEAGF 42)

The Arbitration Panel shall deliberate and decide finally on all questions concerning the SEA Games or s, protests or appeals (including on any violation of anti-doping code, rules or regulations) from any sport, discipline or event or any disputes arising from or related to the SEA Games. NOCs or the Organizing Committee may also submit question or any matter related to the SEA Games to the Arbitration Panel for determination. Further, the Arbitration Panel may intervene in and determine all questions of non-technical nature outside the jurisdiction of the Jury of Appeal set up for each sport, discipline or event in the Games programme.

8.1.8 Penalty in case of Fraud (SEAGF 44)

A competitor proved to have fraudulently transgressed or breached any provisions of the Charter, Rules, Regulations or By-laws of the Federation shall

be disqualified and lose any position or medal he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport concerned.

9. Competition Rules and Regulations

9.1 Competition Rules

9.1.1 Tug of War is a sport practiced by teams who are bona-fide members of the National Tug of War Associations affiliated to SEATWF and ATWF.

9.1.2 Weighing and Stamping

9.1.2.1 All athletes first collect accreditation,

9.1.2.2 All potential pullers must weigh at a pre-determined time schedule.

9.1.2.3 An accreditation download will be carried out listing all athletes from a particular country. Accessible only the controller and the appointed representative of a particular country.

9.1.2.4 The athletes will weigh on an individual scale. The number of scale to be determined by the organizers and TWIF. Only on weigh in on the official scales.

9.1.2.5 After weighing the athletes, the weigh will be recorded in an excel spread sheet, and also hand written on the downloaded excel file as a backup.

9.1.2.6 The athletes will be given his or her certified weight, The athlete can the give his or her weight to the coach of the team.

9.1.2.7 National team weigh-in.

A coach may change any and all pullers prior to and up until stamping, as long as the maximum weigh for that particular weight class is not exceeded. Changes must be reported to control by the coach 30 minute before stamping beg

9.1.2.8 The coach of a particular national

Team will present completed weigh certificate to control at a predetermined time schedule. Ten control shall enter teams in a drawn for a particular weigh class, after checking the weight & accreditation numbers against the completed excel downloaded list.

9.1.2.9 Scanner/Bar code readers at designated areas to control substitutions and team weight checks throughout the competitions.

9.2 Terms and Substitutions

9.2.1 Numbers of Pullers in a team

Teams shall consist of eight pulling members at the start of the competitions. The contest will have deemed to have commenced when both teams are in a position to pull under the direct supervision of judge.

9.2.2 Members national team

Members of a national team must be citizens of the country the team is represent Proof of Championship is only accepted by passport of by a national government issued identification Card Members of the team includes pullers coach and team attendant.

9.2.3 Conditions for using a substitute

- The substitute may replace any one puller for the duration of the competition.
- After the substitutions has taken place, no other such changes may occur.
- Substitution may be used for tactical reasons or due to injury.
- Substitution may only take place after the team has weighed-in and has finished the first and of the first match it pulls in.
- The replaced puller shall not participate in any subsequent matches of that weigh-class.
- The substitute must be a registered puller of the specific country for which he/she acts as a substitute.

9.2.4 Substitution procedures

Both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) with both of their accreditation cards available for checking by the official in charge of the match before being sent to the official designated by Chief judge to deal with the substitutions.

- Accreditation cards will be used to verify the athletes and their weights, by scanning or typing the accreditation cards into the system. The substitute puller must be the maximum weigh for that weight class. The Chief judge or the designated official shall note the substitution numbers of the puller involved with the change.

9.2.5 Minimum number of pullers.

A second substitution will not be permitted. Should a second injury occur, the team is allowed to continue with seven pullers. A team is not allowed to continue a competition with less than seven pullers.

9.3 Coach/Trainer

Each team may have a coach to direct their pulling. One trainer for each team is allowed. The trainer function is to take care of his team before and after pulls. He is not allowed to communicate to his team when they are pulling and must take up position as directed by the judge in charges of the match.

9.4 Dress at Weigh-in

- Men-teams may weigh-in proper sized non-transparent shorts only.
- Women-teams may weigh-in in proper sized non-transparent shorts and shirts only. Boots need not be carried or worn on the scale during weigh-in



9.5 Shoes

(Indoor Shoes) The shoes for Indoor Tug of War to be used as a originally produced by any sport shoes manufacturer. (no spike or nail)

9.6 Rope Dimensions

The rope must not be less than 10 cms, or more than 12.5 cms. in circumference and must be free from knots or other holding for the hands. The ends of the rope shall have a whipping finish. The minimum length of the rope must not be less than 33.5 Meters

9.6.1 Rope marking

The tapes or marking shall be affixed so that they are easily adjustable by the Judge in the event the rope stretching or shrinking.

9.6.2 Rope marking Indoor. Five tapes or rope marking shall be affixed as follows:

- a) one (1) tap or marking at the center of the rope
- b) two (2) tapes or marking each four (4) meters on either side of the center marking
- c) two (2) tapes or marking each five (5) meters on either side of the center marking
- d) markings listed in (a), (b) and (c) shall be in three different colors.

9.7 The mat for pulling area marking

- one mark is on the center of the mat
- two (2) marks each two (2) meters are on either side of the center of the mat.

9.8 Pulling Techniques Rules

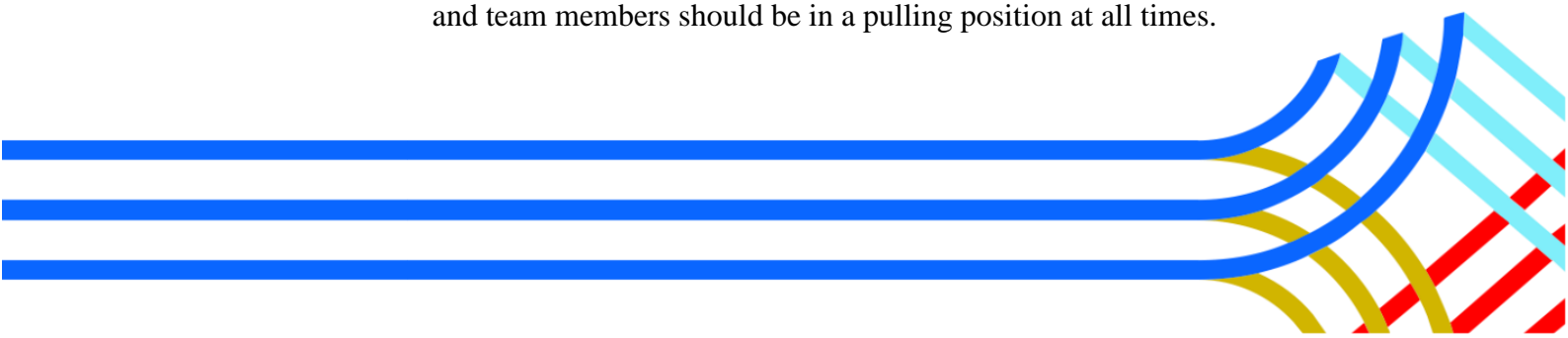
9.8.1 Rope Grip

No competitor shall grip the rope within the length bounded by the other tapes or markings. At the commencement of each pull the first pulling member shall grip the rope as close as possible to the outer tape or marking. No knots or loops shall mad in the rope, nor shall it be locked across any part of the body of any member of the team. Crossing the rope over itself constitutes a loop. At the start of a pull, the rope shall be taut with the center rope marking over the center line marking on the mat.

9.8.2 Pulling Position

With the exception of the Anchor, every pulling member shall hold the with both bare hands by the ordinary grip. i.e., The palms of both hands facing up and the rope shall pass between the body and the upper part of the arm. for hold of Anchor see Rule 13.

Any other hold, which prevents the free movement of the rope, is lock and is an infringement of the Rules. The feet must be extended forward of the knees and team members should be in a pulling position at all times.



9.8.3 Anchor's Position

The end puller shall be called the Anchor. The rope shall pass alongside the body, diagonally across the back and over the opposite shoulder from rear to the front. The remaining rope shall pass under the armpit in a backward and outward direction and the slack shall run free. The Anchor shall then grip the standing part of the rope by the ordinary grip. e.i., the palms of both hands facing up with both arms extended forward. The Anchor is allowed to keep the rope below the level of the protective belt and contact with the belt for safety considerations will not constitute a lock.

9.9 Infringement of the rules

Infringements During Competition

Infringements General

- 9.9.1 Sitting deliberately sitting on the ground, or failure to return immediately to the pulling position after slipping
- 9.9.2 Leaning touching the ground with any part of the body other than the feet
- 9.9.3 Locking any hold which prevents the free movement of the rope
- 9.9.4 Grip any grip other the ordinary grip as described in Rule 11 (11.1, 11.2, 11.3) Propping holding the rope in a position where it does not pass between the body and the upper part of the arm
- 9.9.5 Position sitting on a foot or a limb or the feet not extended forward of the knee
- 9.9.6 Climbing passing the rope through the hands
- 9.9.7 Rowing repeatedly sitting on the ground without the feet are moved backwards
- 9.9.8 Anchor Position any other than the position described in Rule 11.3
- 9.9.9 Inactivity teams failing to activity engage in a competitive effort during a pull,
The judge can be called
"No Pull" anytime, the judge will make the coach aware of his/her plan to give no pull by pointing at his / her watch and will continue for the match.
- 9.9.10 Side Stepping stepping outside of the mat,
this would mean a team moving sideways out of the mat.

Disqualifications:

Teams will receive two (2) cautions for infringements of the Rules in any on (1) pull before being disqualified. For all infringements of the Rules, a team may be deemed guilty if only on person offends.

BREACHES THE RULES

Failure to comply with any of the Rules for International Competition may obviate teams from competing.

9.10 Competition Matches and Scores

Matches pulls and Rest period

A reasonable rest will be granted between pulls.

A maximum of six (6) minutes may be claimed between matches, beginning when a team leaves the arena and ending when a team is in the marshalling area ready to re-enter the arena.

TOSS

Before pulling commences the choice of ends will be by the toss of coin. After the first pull, the teams will change ends. If a third pull is necessary, the choice of ends will again be decided by the toss of coin.

WINNING A PULL

Winning a pull general

A pull is won by a team either by moving the rope the required distance as indicated by the marking or through the disqualification of the other team by the judge.

SCORE

Point's Competition

A team winning a match by two (2) pulls to nil will score three (3) points, the losing team will score no (0) points. Teams winning on pull each; each team will score one (1) point.

Pull-off's, Semi-Finals and Finals

Matches will be won by two (2) pulls out of three (3), A team winning a match by two (2) pulls to nil (0) will score three points, the losing team scoring no (0) points.

A winning match by two (2) pulls to one (1) will score two (2) points the losing team scoring one (1) point.

NO PULL

A "No Pull" will be declared in the event of,

both teams being guilty of infringement; after twice being continued

both teams being guilty of inactivity or a stalemate / deadlock (most likely due to

poor mat conditions); A warning (judge pointing to his/her watch) shall be given to

both teams before a No Pull for activity/ stalemate, deadlock is given in order for the both teams to have a possibility to react. Any cautions will be carried over to the new pull.

both teams leaving go of the rope before the finish of a pull

a pull being interrupted without infringement by either of the teams will be granted a reasonable rest and retake the pull.

When a "No Pull" is declared a), during points phase of a competitions, in the events of a "No Pull" the pull will not be repeated. Both teams get nil (0) points and three

(3) cautions for the end. If one of the teams win the other end, that team will get 1 point and the other team nil. If both ends during a match result in a) “No Pull” both teams will get nil (0) points and get (6) cautions

9.11 Signals and Commands

9.11.1 The start Procedure

When the judge has received a signal from the two coaches that all is ready, he shall give the teams the following verbal and visual commands:

Pick up the rope	The rope shall then be Grippped as defined in Paragraphs 11.1, 11.2, and 11.3
Take the strain	Sufficient strain being put on rope to ensure that it is taut.
Steady	The judge shall then signal the rope to the center position. When the rope is steady with the center mark over the center line on the mat
Pull	After a reasonable pause

9.11.2 Finish of a Pull

The finish of a pull shall be signaled by the judge blowing a whistle and pointing in the direction of the team winning the pull or in the case of a “No Pull” crossing his arms and pointing to Center mark.

9.12 List of Commands in Tug of War Competition

COMMAND	SIGNAL
1. Teams are you ready	Indicating the teams with arms
2. Pick up the rope	Arms extended in front of the body
3. Take the strain	Arms extended upwards with hand palms inward
4. Rope to center	Indicating the side which has to move to center
5. Steady	Arms extended upwards with palms outwards
6. Pull	Flinging arms down to the sides
7. Indicate winner	Blowing whistle and pointing to the winner team
8. Change ends	Blowing whistle and crossing the arms in front of the body
9. No Pull	Blowing whistle and crossing the arms in front of the body
10. Caution	Raising the arm on the side of the infringing team and indicating by one or two fingers the first or second caution

LIST OF COMMON INFRNGMENT IN COMPETITION

INFRINGEMENTS	SIGNAL
1. SITTING	moving flat hand horizontally
2. LEANING	open hand horizontal indication to the ground
3. LOCKING	elbows touching the lifted upper leg

4. GRIP	two fists in front of each other
5. PROPPING	lifting movement with hands along the body
6. POSITION	kicking movement and stretching of the low leg
7. CLIMBING THE ROPE	climbing movement with the fists
8. ROWING	rowing motion with arm and upper body
9. ANCHOR	with the hand touching the back
10. TAINER	with the finger touching the lips
11. SIDE-STEPPING	side-stepping with one foot
12. FOOTHOLDS	kicking with heels in the ground

9.13 Protests and Appeals

Protests and appeals within 30 minutes

9.14 Delays, Postponement or Cancellations

The Technical Delegate must consult the THASOC Secretariate if there is any delay, postponement or cancellation of any competition that affects the scheduled times for “live broadcast” or victory ceremonies.

9.15 Training Policies

The team's competition will be held at the multipurpose field, Sports Authority of Thailand, Huamark, Bangkok.

10. Technical Officials and Jury of Appeal

The appointments of Technical Officials and Jury of Appeal members will be in accordance with SEATWF and ATWF Competition Rules and Regulation

In the events of any violation of the SEATWF and ATWF Rules or Games Rule and Regulation by any participation, the SEAGF has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party.

10.1 International Technical Officials (ITOs)

Alounkeo Kittikhoun (Lao PDR)

10.2 National Technical Officials (NTOs)

Tug of War Thailand Association (TWTA) will appoint such number of National Technical Officials (NTOs) as may be approved by THASOC to assist the International Technical Officials.

Suchart Jaesuraphap (Thailand)

10.3 Jury of Appeal

Sathiah Sudakaran (Malaysia)



11. Official Equipment and Competition Attire

11.1 Sport Equipment

- Sport dress puller. Teams will proper clothing consisting of shorts, sport shirts or jersey and knee-stocking or socks. The sport dress of pullers in the teams shall be uniform.
- Sport dress coach and team Attendant Coach and team attendant of a team will wear either the same proper sports dress as the team or will wear proper tracksuit which shall conform to the color(s) of the sport dress of the teams.
- Protective clothing. Clothing to protect the skin may be worn under the sport clothing subject to judge's approval. Protective belts are only permitted if worn over the sport clothing. The protective clothing worn by the anchor shall not exceed a maximum thickness of 5 centimeters; it must always be worn under the sport clothing between the rope and the body. No hooks, groovers or other constructions intended to lock the rope are allowed on any of the protective clothing. Recommended Anchor vest (see in TWIF Rule manual)

12. Media Interview

12.1 All athletes should pass through the Mixed Zone as directed by the Media Officer.

12.2 Athletes and/or coaches should attend press conference and interview requests for them.

13. Prizes and Commendations

- Medals to the winners of the SEAGF Games shall be presented by the SEAGF President. The President may delegate this privilege to other members of the SEAGF, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner.
- The competitors who have been judged first, second and third shall take their places, in their sports uniforms, on a stand on the field facing the Tribune of Honour, with the winner slightly above the second who is on their right and the third who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag-pole and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three winners/winning teams shall turn towards the flags.
- The medal presentations shall be as per the following order:
 - Gold Medal – to the first-place winner.
 - Silver Medal – to the second-place winner.
 - Bronze Medal – to the third-place winner.
- All medalists must wear their respective NOC official uniform.
- No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn, e.g., shoes and clothing which must be in

accordance with the SEAGF commercial guidelines.

- No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board EB including disqualification, withdrawal of medals, certificates, accreditation, rankings and the like.
- Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material. by any athlete during the Victory Ceremony or during the Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB.
- Victory, medals and diploma certificates, shall be in strict compliance with the SEAGF Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the SEAGF for its approval.

14. Victory Ceremonies

The medals may be presented by the board members of the Member-NOCs participating in the particular sport, discipline or event (with priority being given to those with medal winners) and or Guests of Honor of the Federation, and such victory ceremonies, if possible, shall take place immediately after the event at a place where the competition took place and in the following manner:

- The competitors who have been judged first, second and third shall take their places, in their sport attire or NOC designated attire, on a stand facing the Tribune of Honor, with the winner slightly above the second who is on his/her right, and the third who is on his/her left.
- The flag of the country of the winner shall be hoisted on the central flagpole or screen and those of the second and third on adjoining flagpoles or screen on the right and left as they face the arena. Meanwhile, the National Anthem of the country of the winner is played and the competitors and spectators shall face the flags.

15. Medical Code (SEAGF 33)

- The Host NOC and Organizing Committee of the SEA Games will ensure the health of all athletes and other participants during the SEA Games.
- Anti-Doping Rule Violations as defined by the World Anti-Doping Agency (WADA) Code is forbidden.
- All competitors shall be subject, during the Games, to doping control initiated by the Federation at any time or place, carried out in conformity with the WADA Code and its respective International Standards, as elaborated in the SEA Games Anti-Doping Rules.
- Competitors in sports restricted to women must comply with the prescribed tests for disorders of sexual determination when so needed.
- Any competitor refusing to submit to doping control or who is found guilty of any

Anti-Doping Rule violation shall be excluded from the SEA Games.

- The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- A medal may be withdrawn by order of the Executive Committee or the Council on the recommendation of the Chairperson of the Anti-Doping Committee when an athlete is found guilty of a violation under the SEA Games Anti-Doping Rules and or the WADA Code.
- The Anti-Doping Committee shall manage and implement the doping test programme for the SEA Games to which it was appointed for in accordance with WADA requirements and implement the SEA Games Anti-Doping Rules and WADA Code.
- The SEA Games Anti-Doping Rules and Regulations shall in no way affect further and or other sanctions by the relevant International Federation, WADA and or any other relevant national, regional, continental, international or world organizations or bodies.
- All competitors and officials are also subject to, and shall comply with the respective anti-gaming and manipulation, and harassment and abuse, and safeguarding rules, regulations, codes and guidelines of the respective Federation Member-NOC, IOC, OCA, SEAGF, the respective IF and or AF of the sport concerned.
 - a) Any competitor or team official refusing to submit thereto or found guilty of any violation or offence thereunder shall be excluded from the SEA GAMES.
 - b) A medal may be withdrawn by order of the Executive Committee or the Council on the recommendation of the Arbitration Panel when an athlete is found guilty of any violation or offence thereunder.”

16. Doping Control

The 33rd SEA Games Thailand 2025 Organizing Committee, shall establish the SEAGF Anti-Doping Committee, which shall, under the guidance of the SEAGF and working with the SEAGF Office, be responsible for the Anti-Doping program for the 33rd SEA Games Thailand 2025. The Anti-Doping program will be run in accordance with the SEAGF Anti-Doping Rules and the WADA International Standard for Testing and Investigation. Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA. Both urine and blood tests will be conducted before and during the competition to ensure compliance.

Athletes requiring the use of a Prohibited Substance or Prohibited Method during the event must apply for a Therapeutic Use Exemption (TUE) through the SEAGF Anti-Doping Committee by the specified deadline (TBC). If an athlete has already been granted a TUE by their National Anti-Doping Organization or International Federation, the SEAGF Anti-Doping Committee will recognize it.

17. Approval of the Technical Handbook

This Technical Handbook was approved by the **Asian Tug of War Federation (ATWF)**

Date: **April 4, 2025**

Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.

